

Rochester Chapter

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October 2017

OCTOBER Calendar

Tuesday, October 3rd

10:15 am - HOPE Session-Vestry Room, St. Paul's

11:00 am - Refreshments/Social Time

11:30 am – Announcements/Business Meeting

<u>12 Noon – 1 pm – Program Speaker</u>

7:00 pm - Refreshments/Social Time

7:30 pm – Announcements/Business Meeting

8:00 pm – 9 pm – Program Speaker

<u>Tues., Oct. 3rd</u> -"CI Group" 1:30-2:30pm, after the Chapter Meeting; Vestry room; (see page 11)

Thurs., Oct. 5th –HEALTH FAIR (see page 4) Sun., Oct. 8th – WALK4Hearing (see page 9)

Tues., Oct. 10th – BOD meeting, 7-9pm, ASC

<u>Tues., Oct. 17th</u> – PAC meeting, 7-9pm, ASC Our first meeting! Welcome!

Thurs., Oct. 19th -Device Demo Center, Lifespan (see page 6)

SAVE THESE FUTURE DATES

Sun., Nov. 5th – Daylight Savings Time Ends Tues., Nov. 14th - BOD – 7-9pm, ASC

Hospitality Duties for October:

<u>Daytime Meeting</u> –Ginger Graham, Sue Miller, Al Suffredini

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<u>Evening Meeting</u> – Ginger Graham, Barb Law

<u>Board of Directors</u> –Michelle Gross, Art Maurer, Sue Miller

Please sign up to help when the "Refreshment Sheet" goes around!

WELCOME BACK MEMBERS, AND, WELCOME ALL NEWCOMERS TO HLAA!



OCTOBER PROGRAMS

At St. Paul's Church, East Ave. & Westminster Rd. 14607 (Enter only through the Westminster Road door.)

Tues., Oct. 3rd – 10:15–11am; Vestry room

HOPE (Hearing Other People's Experiences) **session** –*Joe Kozelsky, MS, abd, CCC-A (retired)*

Retired audiologist and hearing aid user **Joe Kozelsky** moderates a question-and-answer
session for people considering hearing aids and
those using them. Join us and share your hearing
loss journey and learn from others.

Tues.,Oct. 3rd Daytime Meeting--11:00am - Program begins at noon

DEVICE DEMONSTRATION CENTER -

Dan Brooks and Charlie Johnstone

As a new community service, our Chapter has begun offering a once-monthly "Device Demonstration Center" at the Lifespan headquarters at 1900 South Clinton Ave. 14618

The Device Center next will be open October 19. It is free and open to all. Anyone can try out an assortment of assistive listening devices that could augment their communication abilities.

At today's presentation, Charlie and Dan will review all the devices available at the Center. Several will be on hand for people to try.

<u>Tues., Oct. 3rd – Daytime Meeting</u> - (continued)

The Center is strictly a demonstration center; nothing is for sale. Trained volunteers demonstrate devices and assist visitors in using them. Visitors are guided to sources where devices can be purchased.

Charlie was a resource person for computer and presentation equipment until he retired from NTID. Dan is a Financial Services Professional with New York Life Company. Both serve on the HLAA Technology Committee and Board of Directors.

1:30-2:30pm Cochlear Implant group Immediately following the Chapter Meeting, in the Vestry Room. (see page 11)

<u>Tuesday, Oct. 3rd Evening Meeting--7:00pm</u> Program begins at 8:00pm

ACOUSTIC NEUROMA PANEL – Ceci McCurdy, Suzanne Johnston, and Tom Banach

Acoustic neuroma (AN) is a benign tumor growing on the auditory nerve. According to the Mayo Clinic, it is "a usually slow-growing tumor that develops on the main nerve leading from your inner ear to your brain. Because branches of this nerve directly influence your balance and hearing, pressure from an acoustic neuroma can cause hearing loss, ringing in your ear and unsteadiness."

Ceci McCurdy started the local Acoustic Neuroma support group. She and her fellow panelists, all AN patients, will discuss the condition, treatment options, and life as an AN patient.

All HLAA programs are free. Anyone interested in hearing loss is welcome. For more information, view the organizational web site at <u>hlaa-rochester-ny.org</u> or telephone 585 266 7890.

HLAA Rochester Chapter meetings are held in the Parish Hall at St. Paul's Episcopal Church, East Avenue at Westminster Road, across from the George Eastman Museum. Those needing a sign language interpreter for an evening meeting should contact Linda Siple at 585 788 6744 a week in advance. (Please note, this phone is only for those needing an interpreter.)

PRESIDENT'S COLUMN

By Art Maurer and Sue Miller

Stay tuned for next month!

"MY STORY" - A Personal History

By Charlie (Chas) Johnstone



I was born and grew up in a rural northern New York hamlet [near the St. Lawrence River] in a Victorian house that had been in my Mom's family since 1840. From the time I was in 9th grade, I knew what I wanted to do for a

living; work in a field related to audiovisual and photographic technology. Throughout high school, I was fortunate to be associated with several mentors who influenced my interests and pointed me in the right direction. My parents and two younger brothers were also very supportive.

After graduating from high school in 1972, I attended SUNY Alfred State and graduated with an AAS degree in Audiovisual Communications in 1974. I was fortunate all of my course credits transferred from Alfred State to RIT. I graduated in 1976 with a BS degree in Communications Media Technology; with a minor in photography and was awarded a graduate assistantship that paid for tuition, room and board. I graduated from RIT with a MS degree in Instructional Technology in May, 1977. Linda [Ferlicca], who grew up in Livonia, and I were married in June 1977. I did not know anything about hearing loss until I attended RIT.

Several of my teachers in graduate school also worked at NTID. Thus began my career-long learning about the impact of hearing loss. Linda and I have two sons, Daniel and Brian and two grandchildren, Viktor and Adrian; and a third on-the-way.

(continued on page 3)

MY STORY – Charlie Johnstone –(continued)

After several job offers from firms out-of-town, I accepted a position at NTID, started work there in July 1977 and remained in the same department until my retirement from NTID-RIT at the end of January 2016. Throughout the time I worked at NTID, my focus included (but was not limited to) overseeing the purchasing of computer and presentation equipment, the inventory and documentation of NTID-owned assets, managing the operation of the NTID "Help Desk" for over 30 years, coordinating the training of fac/staff on the operation of the presentation technology in NTID classrooms and labs, serving as the resident RIT resource person on assistive devices and accommodations for faculty, staff and students; and working directly with deaf-blind students to assist them in obtaining the technology accommodations they needed in classrooms, labs and in their place of residence.

I have been a member of HLAA and a "Technical Consultant" since the Rochester chapter was chartered in the mid-1980's (then SHHH). I coordinated the presentation and ALD support for the national SHHH Convention held in Rochester in 1988. I am currently a member of our Chapter's Board of Directors and the Technology Committee.

I am currently working with others on the set-up and operation of a hearing Device Demonstration Center; hosted at Lifespan. This project is an example of my focus, now I am retired, to be involved in projects that I can use my experience in specific areas of technology that make a difference in the lives of people who are hard-of-hearing or deaf by contributing to increasing accessibility through the use of technology. My involvement with HLAA provides that opportunity.

A THOUGHT ALONG THE WAY...

"A Universal remote does not in fact let you control the universe."

("A Laugh A Day" from Joan Ewing)

REQUEST FOR SURVEY PARTICIPANTS--RESEARCH STUDY ON THE WORKPLACE EXPERIENCES OF PEOPLE WHO ARE DEAF/HARD OF HEARING

By David C. Baldridge, MBA, Ph.D. (submitted by Pete Fackler)

My research colleague, Richard Dirmyer (NTID), and I are currently collecting survey data from deaf/hard of hearing (DHH) employees, and their supervisors, in order to learn more about their workplace experiences.

Are you currently employed? If so, please consider participating in this study. (Many thanks if you have already done so!). You must be employed, deaf/hard of hearing, and over the age of 18.

Are you willing to participate in this research study? The survey takes approximately 20 minutes to complete and is available at http://workplaceexperiences.questionpro.com.

Individual responses will NOT be shared with supervisors or anyone other than the researchers.

This survey includes an incentive of an <u>iPad Pro</u> <u>tablet</u>, to be awarded to a randomly selected person who participates in the survey or enters affiliated sweepstakes. Follow the link above for details.

(*Note from Pete Fackler*) Dr. Baldridge is a well-respected researcher with considerable experience and interest in questions surrounding workplace employment experiences of hard-of-hearing people. Note the NTID connection.

Contact info: David C. Baldridge, MBA, Ph.D. Associate Professor of Management College of Business/ Oregon State University 443 Austin Hall/ Corvallis, Oregon 97331

david.baldridge@bus.oregonstate.edu

RBTL LIVE THEATRE—CAPTIONED!



All performances are Sunday, at 1:00 pm

Oct. 1st – School of Rock Oct. 29th – The Little Mermaid

Nov. 19^{th} – Fun Home

 $\begin{array}{ll} \text{Dec. } 17^{\text{th}} - & \text{A Christmas Story} \\ \text{Feb. } 11^{\text{th}} - & \text{On Your Feet} \end{array}$

 $\begin{array}{ll} March \ 15^{th} - An \ American \ in \ Paris \\ May \quad 6^{th} - \quad RENT \end{array}$

Tickets become available 6 weeks in advance of each show. Request seats in "open captions" viewing section. Call 222-5000; email, info@rbtl.org.

GEVA THEATRE – CAPTIONED PLAYS!



SAT. shows 2pm; WED. 2pm & 7:30pm unless otherwise indicated

Wed. Oct. 4 -In the Heights

Sat. Oct. 7 @ 2:30pm – Smart People

Sat. Oct. 21; Wed. Nov. 8 – The Agitators

Sun. Dec. 3 @ 12N; Wed. Dec. 20 @ 2pm & 7pm –

A Christmas Carol

Sat. Dec. 9 @ 2:30pm – Marvelous Wonderettes

Sat. Jan. 13; Wed. Jan. 31 – The Other Josh Cohen

Sat. Jan. 27 @ 2:30pm – Erma Bombeck: At Wit's End

Sat. Feb. 17; Wed. March 7 – Diary of Anne Frank

Sat. March 17 @ 2:30pm – **Heartland**

Sat. April 7: Wed. April 25 – One House Over

Sat. May 12; Wed. May 30 – Steel Magnolias

Call the Box Office at 232-4382. Ask for seats in the "open captions" viewing section.

IF YOU MOVE, or are a "SNOWBIRD!"

Please don't forget to notify **Henry Adler**, **Ph.D.**, Univ .of Buffalo, 137-L Cary Hall, 3435 Main St., Buffalo NY 14214; or – hjadler@aol.com, even if your change of address is a temporary one.

HLAA is charged for each piece of returned mail, which the Post Office will not forward. When you return, we will resume sending to your local address.

JCC CenterStage - Captioned Plays!

Wed/Thurs @ 7pm; Sat/Sun @ 2pm



"Cooking with the Calamari Sisters" Sun., Oct. 15; Wed., Oct. 18 Thurs., Oct. 19; Sat., Oct. 21

"First Date" – Broadway Musical Comedy Sun., Dec. 10; Thurs., Dec. 14; Sat., Dec. 16 "The Hit Makers: And the Beat Goes On"

Sun., Feb. 11; Thurs., Feb. 15; Sat., Feb. 17 "Buyer & Cellar"

Sun., March 18; Thurs., March 22 "Bridges of Madison County" - the musical Sun., May 13; Thurs., May 17; Sat., May 19

Tickets and information are available at www.jcccenterstage.org or (585) 461-2000. Please specify "Captioned Area." Tickets are \$26-29 with discounts for JCC members, full time students and season subscribers.



For Your Donation to HLAA:

--Phyllis & J. Stuart MacDonald Estate

--Dr. Ruth P. Oakley Estate

--Rochester Area Community Foundation

-- Mary Tuckley Estate

For Donation Above Membership:

Dan Brooks

Thanks to all who have renewed their membership. If you haven't yet, please consider a donation when you renew your membership. Thanks so much!

HEALTH FAIR

By Ginger Graham

The 28th annual Family & Fitness Fair is taking place on Thursday, Oct. 5th, from 10am until 3pm, at the RIT Inn and Conference Center.

A BIG event, and we need your help. Please contact Trish Prosser at Ppross240@aol.com if you can spend an hour or so talking to attendees about hearing loss and HLAA. Easy. Relaxed atmosphere.

CAPTIONING OF MONTHLY CHAPTER MEETINGS WILL BE CONTINUED!

Great news! Our Daytime and Evening monthly meetings will continue to be **captioned**.

The captioning is done remotely by Alternative Communication Services—it is flawless, plus the people doing the captioning are from all over the country! It's amazing to see the words almost instantly on the screen as soon as they're spoken. The service cost is \$3,000 a year and it is being paid by CaptionCall. CaptionCall has been a blessing in providing true access for everyone in our chapter, and we thank you!

We also owe a huge debt of thanks to **Dan Brooks**, **Charlie Johnstone**, **and Bruce Nelson** for overseeing the technical set-up needed for this service. Without their dedication in attending *all* meetings, this would not happen!

BIRTHDAYS - 90 YEARS AND OVER...

Everyone: please let me know if you're one of our special Chapter members who will reach the spectacular age of 90 years, or more. If you agree, we'd like to announce it in our Newsletter. It is important to let me know <u>right away</u> as our Newsletters are written two months ahead. Thanks, Ginger

ggraham859@gmail.com; or, (585) 671-2683



Sincere happy birthday greetings to **Doris Naundorf** who will be over 90 years young on

October 8th. We wish you more healthy and happy years.

LIKE US ON FACEBOOK!

By Jenn Hurlburt

Are you on Facebook? If so, please be our friend. We currently have 313 friends and we want more. Find us at: Hlaa Rochester Ny

Flu Shots – The CDC recommends getting your flu shot now. Because flu is contagious 1-2 days before symptoms appear, it can be spread before we know we're infected. For more info, go to: www.cdc.gov/flu.

SMART PHONES AND TECHNOLOGY

(excerpt from Penisula CA, Chapter, Winter 2017)

--Audio Everywhere, a box connects to a venue's sound system and transmits the signal over the local WiFi network. People with smart phones download an app and activate WiFi on their devices. Just plug in a neck loop or headphones, or use your streamer. Your cell phone acts as an assistive listening receiver. In a nutshell, Audio Everywhere is an inexpensive, quick-to-install alternative to a room loop or a wireless FM PA system for a church or a meeting room. For more information: http://www.audioeverywhere.com

<u>--AVA</u>, a voice-to-text app that shows you who says what. Everyone who has a smart phone downloads and turns on this app. When they speak, others (with the same app) can read the text via color coded blocks. Use to communicate in meetings, noisy restaurants, or to talk to a friend at the other end of a long table. For more information: http://www.ava.me.

<u>--Ditto</u>, allows you to have your cell phone nearby, yet only be alerted to texts and phone calls from specific people, emails, alerts, etc. that YOU are interested in. You can put the small gadget in your pocket, on your wrist, etc. so you can focus on what's important, knowing you'll never miss calls, texts, or app alerts again. For more information: https://dittowearable.com. Here is a review,

http://henrykisor.blogspot.com/2016/08/ditto.html

We Welcome All Donations

Please make your check payable to: <u>HLAA-Rochester</u> (*HLAA is a 501©(3) organization.*) Mail to: Ms. Joanne Owens, 1630 Woodard Rd., Webster, NY 14580

Be sure to designate:

This donation is: <u>In Memory of</u>; or, <u>In Honor of</u>, or, <u>Birthday congratulations</u>,

And who to send the Acknowledgment to. Thank you for your generosity.

ROCHESTER CHAPTER'S HEARING LOSS

DEVICE DEMO CENTER!

By Michelle Gross

Lifespan (http://www.lifespan-roch.org), 1900 S. Clinton Avenue, Rochester 14618 have graciously opened their hearts and doors to our Rochester Chapter's new Device Demo Center.

We will be open the <u>3rd Thursday of the month</u> (unless Lifespan is closed). Hours will be from 10:00 a.m. until 2:00 p.m. each month.

The Demo Center will be a warm, welcoming, stress-free place to learn about, see, and try a variety of Assistive Listening and Alerting Devices. You will be able to ask questions about devices as well as find out about other systems/devices which are available. Best of all it's FREE! And, you do not need to be a member to take advantage of this wonderful opportunity.

This award-winning Newsletter of the Rochester Chapter of HLAA is published monthly except for July and August.

Editor and Publisher.....Ginger Graham Computer Consultant,

Webmaster, and Writer......Michelle Gross News Releases, and Writer.....Janet McKenna Photographers......Art Maurer, Al Suffredini

NEO SENSORY VEST

(excerpt from Penisula News, CA – Fall 2017)

Feel the Sound. Trying out the NeoSensory Vest. NeoSensory has been working on something to help folks with hearing loss to "feel the sound" of the phone, alarm, doorbell, dog barking, siren, smoke detector, etc. For more information on the vest, go to http://neosensory.com.

Or

you can watch Dr. David Eagleman's TED talk at https://youtu.be/4c1lqFXHvqI Absolutely fascinating and this video is captioned.

WEBSITES OF INTEREST

Our award-winning Chapter website is: www.hlaa-rochester-ny.org. Michelle Gross is our Web Master.

HLAA National website is www.hearingloss.org.

(submitted by Al Suffredini) From AARP Hearing Center:

How to Shop for a Hearing Aid - 10 tips for choosing a good provider and the right aid

http://www.aarp.org/health/conditionstreatments/info-05-2011/getting-the-right-hearingaid.html?intcmp=AE-HEALTH-CONDITONS-HEARING#slide1

Shopping Tips - <u>How to Pick the Best Hearing</u> <u>Device for You</u>

Hearing Aid Styles: Pros and Cons

Learn about the 7 most common devices that can help enhance hearing

http://www.aarp.org/health/conditionstreatments/info-05-2011/hearing-aidstyles.html?intcmp=AE-HEALTH-CONDITONS-HEARING

<u>Should You Insure Your Hearing Aid?</u> - Here's what you need to know

http://www.aarp.org/health/conditions-treatments/blogs/info-2016/insurance-hearing-aids.html?intcmp=AE-HEALTH-CONDITONS-HEARING

Travel Tips for People With Hearing Loss

Do you suffer from hearing loss? Eliminate extra hassle while traveling with a few simple steps.

One of the tips is Rail Discounts (Amtrak) – 15% discount & offer extends to one traveling companion.

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WEBSITES (FROM AARP) - (continued)

Read the many tips at:

http://www.aarp.org/health/healthy-living/info-2015/travel-tips-for-people-with-hearing-loss.html?intcmp=AE-HEALTH-HEARING-SPOTLIGHT-SPOT1#slide1

What to Expect With Your New Hearing Aid

It may take some adjustment, but you're on your way to better hearing.

http://www.aarp.org/health/conditionstreatments/info-2015/new-hearing-aidphoto.html?intcmp=AE-HEALTH-HEARING-HEARINGAIDES-SPOT2#slide1



By Nancy Meyer

Did you know that our chapter has a Lending Library?

There are several books and DVDs available for members to sign out for a month at a time. They are on display at the front of our meeting room. Sign out one (or more), and return them at the next month's chapter meeting.

Members have donated books; you can too! Please bring them to a meeting. Right now, we have available to borrow:

Gael Hannan – "The Way I Hear It"
Katherine Boughton – "Living Better with Hearing
Loss"

Monique Hammond – "What Did You Say?" **Art Maurer** – "Twisted Vines;" also, "Frackin'
Lives"

and more to choose from!

NEW PROFESSIONAL ADVISORS

By Suzanne Johnston

The purpose of the Professional Advisory Committee (PAC) is to furnish professional advice and support in order to promote the development of a credible and effective HLAA organization in the Rochester area. Following is more information on **new** PAC members:

CHRISTINE OLIVIER



Christine Olivier is a Vocational Rehabilitation Counselor – MC at ACCES-VR in Rochester, NY. She works with hundreds of people annually to assist with identifying their vocational interests and needs to prepare for employment, to enter employment, and to retain

employment. This requires working with all the supports that come along with those individuals whether parents and family, school staff, case managers, or vocational agency staff. Chris works out of Rochester and travels to the surrounding counties. She has a Master's Degree in Vocational Rehabilitation from Northern Illinois University.

Chris (Christine) resides in Greece, NY with her husband of 25 years and their son who is finishing his degree in ASL Interpreting. She enjoys camping and mission trips to Nicaragua. Her husband is deaf and uses a cochlear implant. Later-in-life hearing loss runs in her family.

DR. TAMALA DAVID, Ph.D., MPA, MS, FNP



Dr. David is a native resident of Rochester, an area with a large Deaf population. She grew up in a household with a Deaf grandmother (a sign language user) and is passionate about issues related to Deaf health.

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DR. TAMALA DAVID (continued)

She received her Bachelor's degree in Nursing and Master's degree in Public Administration from The College at Brockport SUNY. She received her Master's degree in Nursing and Ph.D. in Health Practice Research from the University of Rochester.

Dr. David is a nursing professor at both The College at Brockport and the UR. She has more than a decade of experience providing education related to community health nursing and Deaf health to nurses and physicians at all levels (from students to seasoned clinicians/faculty) locally, nationally, and internationally.

She has been a member of the Rochester Prevention Research Center: National Center for Deaf Health Research (NCDHR) at the UR since 2004 and has been a member of other research/health project teams at the UR since 2015. Her projects have addressed population health issues at local, national, and international levels.

As a clinician, she has nearly 20 years of clinical experience in the field of family and community health nursing. Her clinical knowledge and experience includes sleep medicine, cardiovascular and respiratory care, health promotion and disease prevention, long-term care for children and adults, and more.

Dr. David enjoys spending time with her family. She is married with 3 daughters and a beloved Yorkshire Terrier.

INTERESTING FACTS

It's estimated that over 19,000 deaf and hard-of hearing people younger than 65 live in the Rochester area, according to NTID and cited by the National Center for Deaf Health Research.

About 3.7% of the area's 1.1 million population is deaf or HOH, compared with 3.5% of the U.S. population. (updated by S. Murad, NTID, Dec. 2016)

THE COCKTAIL PARTY PHENOMENON

(Excerpt from New Mexico Newsletter)

The ability to focus on and understand one speaker in a noisy social environment is a critical socialcognitive capacity and, for most who have "normal"



hearing, it's relatively easy to understand one talker even if others are talking at the same time. This is an ability, however, that seems to

decrease with hearing loss. Most can recall a time when they could carry on a conversation with one or two people at a noisy family gathering, in a noisy and crowded restaurant, at an assembly of some sort and wonder why they can't do that anymore.

Various studies have been conducted in an attempt to understand what one report called the "cocktail party phenomenon" and another called the "cocktail party effect."** What the research has found is that those with a hearing loss are less able to focus on a single voice in a cocktail party type of setting than those with so-called normal hearing and that, further, in some cases, hearing aids will actually exacerbate the problem. Another finding in the research of the phenomenon is that hard-ofhearing people benefit less from fluctuations in the competing sound. The researchers attributed this to a combination of things including reduced temporal resolution (the ability of the auditory system to resolve temporal changes in an acoustic signal) on the part of the subjects with hearing loss.

The first sign of a hearing disability is quite often the difficulty to understand speech in noise. Some researchers believe a person's spectral and temporal resolution can be impaired at an early stage in the development of a hearing loss - even before the loss is sufficient to register in a hearing test - and one report indicated that a noise-induced hearing disability of as little as 10 to 15 dB can have a significant effect on the speech recognition threshold in noise and, further, that "among people with a normal pure-tone audiogram, one can find persons with pronounced difficulties in understanding speech in noisy environments."

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WANTED: CHAPTER DOCUMENTS

By Janet McKenna, MLS



As the Chapter Archivist, I conserve any documents, newspaper stories, programs, minutes, agendas, invitations, correspondence--all kinds of ephemera concerning HLAA-Rochester Chapter and its members. I save material about this chapter ONLY and its

members, not deafness or other groups. You are the eyes of the chapter. You can find stories that I might not. Are you cleaning out your file cabinet or desk? Are you moving or downsizing?

Please forward any old SHHH or HLAA ephemera to me, either online at <u>deaphyduck@gmail.com</u>, or in person at a chapter meeting, or to my postal address: 1315 Elmwood Ave., Apt.1004, Rochester, NY 14620.

Chapter ephemera are posted in scrapbooks and depict this group's history. Our Rochester Chapter is the most vibrant chapter in upstate New York and one of the oldest HLAA chapters. We were established in 1983! Transfer your excess papers where they'll be appreciated! Many thanks, Janet.

Disclaimer—HLAA does not endorse products or services. Mention of such is intended to provide readers with information on products or services that might be of interest; it is not a recommendation or endorsement.

WALK4HEARING - BUFFALO

By Carol Loftus

The Walk4Hearing is this <u>Sunday</u>, <u>October 8</u>, at Delaware Park, Buffalo (directions below). Registration opens at 10:00 a.m. and the Walk begins at 11:00 a.m.

You can support our Rochester Chapter by donating and 'designating' our Chapter to receive 40% of your Walk donation. Please send me your donation check made out to "Walk4Hearing" (mail to

21 Lookout View Rd, Fairport 14450) or online via credit card at www.hearingloss.org. then click on 'Walk' then 'Register' then complete the form.

Directions per Mapquest:

I-90 West, merge onto NY-33/Kensington
Expressway West via Exit 51W toward Buffalo.
Merge onto NY-198W/Scajaquada Expressway W.
Take ramp toward NY-5/Main Street.
Merge onto Humboldt Parkway.
Turn left onto NY-5/Main Street (just past
Kensington Ave). Turn right just past Eastwood
Place. Turn slight right then slight left to Delaware
Park.

Any questions, contact <u>cloftus3@gmail.com</u> Remember, you can donate to the Walk even if you are unable to attend October 8th!

Subjects of Nov. 7th Chapter Meetings:

<u>Daytime</u> -"JCC Theatre Captioning" –
Ralph Meranto

<u>Evening</u> – "Update from HLAA National Board" –
Pete Fackler

WHEN BATTERIES ARE DEAD

By Joe Kozelsky, MS, CCC-A (retired)



I just read of a way to tell a good battery from a depleted one.

Depleted batteries bounce! (Keep in mind—BB...bounce/bad.) This is because the electrolytic material

changes composition as it depletes becoming more elastic. Especially noticeable for 312 batteries. Maybe not so much for 13s and don't know about 675s. And, 10s are too light in the first place..

Questions? contact me at: jkozelsky@gmail.com

Newsletter Deadline

Saturday, Sept. 30th (for the November Newsletter) Email: ggraham859@gmail.com

CHAUTAUQUA CHANGES CHALLENGE DEAPHYDUCK

By Janet McKenna aka Deaphyduck

Deaphyduck found her twelfth visit at Chautauqua Institution to be "transitional." After acrimonious conflict between two factions, a rebuilt Amphitheater, the site of lectures, sermons, and performances, was inaugurated in July. Accompanying the new auditorium is a new hearing system. The "Listen" FM system replaces old infrared technology. With two cochlear implants, Deaphyduck is not the typical hard-of-hearing Chautauquan.

The Amphitheater's new seating configuration confirmed it best to sit about five rows from the stage to see the speakers' faces, hoping their mics did not hide them. More mobile speakers paced around the stage using neck microphones.

Deaphyduck's hearing experience varied from so-so to very good. The small "Listen" receiver measures 3.75 x 2 x .64 inches. Controls were easy to use. Battery life is 8 hours. Deaphyduck used her telecoils with a neckloop which fastens left and right to the receiver. Most users opted for headphones. Ear buds are also an option.

Long lines of hearing system users returned their headphone devices after the morning lectures. Listeners corroborated their successful hearing experiences with the headphone FM system when Deaphyduck inquired.

No signs point to the checkout area for receivers. Yet people quickly found them. Leaving one's gate pass is the preferred form of identification.

Only speakers, rather than musicians, are hooked into the FM system. As well, the old infra red system is still in place in several venues which Deaphyduck didn't visit in 2017. Another year's experience may better serve to evaluate the "Listen" receivers. Two different hearing systems in several different locations and no hearing systems beyond the usual podium microphones in other locations can confuse and challenge someone with hearing loss.

COCKTAIL PARTY (continued from page 8)

Further complicating word recognition in such settings is simply age. At a presentation by Pat Kricos, Au.D., the U. of Florida professor, he indicated the impact aging has not only on hearing but on the brain's ability to process what is being heard and turned into words.

Cognitive function is the terminology used to define the actual process of thought. Dr. Kricos reported that, like our bodies, our brains slow down with age -- they just don't work as fast as they did when we were younger. A 25-year old with the same audiogram as a 55-year old will be able to understand rapid speech and the 55 will not be able to. It takes our brains just a little longer to process the sounds the ears receive and turn them into words. That action, called temporal processing, is defined as the ability to process rapidly changing auditory information stored in our working memory so, in addition to a possible hearing loss, seniors can have trouble turning rapid speech by others into understandable dialog in addition to the inability to focus on one speaker in a crowded, noisy room.

What this all means is that it's not just our ears that cause the problem in such settings, it's them in combination with our brains and there is, as yet, no way to really overcome the cocktail party phenomenon. A personal amplifier such as a PocketTalker® used in conjunction with a neck loop and telecoils on the "T" setting may help but, otherwise, stepping out in the hall to talk one on one would be the most effective solution.

* The Cocktail Party Phenomenon, Adelbert Bronkhorst, 1999 **Mechanisms Underlying Selective Neuronal Tracking of Attended Speech at a ''Cocktail Party'', Elana M. Zion Golumbic, et al., 2013 Auditory Temporal and Spectral Resolution in Normal and Impaired Hearing Birgitta Larsby* Stig Arlinger*, 1999 Personal Sound Amplifiers - PS

Disclaimer—HLAA does not endorse products or services. Mention of such is intended to provide readers with information on products or services that might be of interest; it is not a recommendation or endorsement

COCHLEAR IMPLANT 'HOPE' MEETING

By Ginger Graham and Janet McKenna

Our Fall meeting is scheduled for: <u>Tuesday</u>, <u>October 3rd</u>, from 1:30 - 2:30pm in the <u>Vestry Room</u> at St. Paul's church. This is a small conference room close to the Parish Hall.



Our meeting will immediately follow the Chapter Meeting. We'll have a round table discussion. Do you want to know what it's like to get a CI? Do you have one

implant and want to get a second one? Worried about cost and insurance? Join us for this open discussion. Nowadays, the surgery takes less time and is less stressful in comparison to years ago. Come and "Hear Other People's Experiences!" with CI's. The group will be facilitated by Janet McKenna. Anyone using an implant or considering getting one is welcome.

DONATING HEARING AIDS TO THE LIONS CLUBBy Michelle Gross

If you have used hearing aids to donate, please address the package to:



John McNamara, Au.D., Ontario Hearing, 2210 Monroe Avenue Rochester, NY 14618

<u>Put on the lower left corner of the</u>

package: "Finger Lakes Region Lions Club"

(Cleaning tools, cases, most accessories, etc. have virtually no value and are discarded.) Aids that are usable are cleaned and checked and made ready for sending to the Lions Club for qualified recipients.

You can obtain a receipt for your donation (for tax purposes) but you must request it. And, thanks for considering donating your used aids.

DID YOU KNOW...

"October 1843, the Jewish organization B'nai B'rith was founded in New York City." (D&C 10/11/15)

HEARING HEALTH Magazine

By Al Suffredini

Hearing Health Magazine, which is a publication of Hearing Health Foundation, is a free magazine. All you have to do is sign up. It comes 4 times a year and has excellent articles on hearing health, technology, and research. At the end of the magazine, they have what they call Marketplace and it has advertisements from hearing aid, cochlear implant, assistive device companies, research companies, with numbers or website addresses to contact them. They also have an email issue which you can sign up for—it is not the magazine but separate with immediate updates on hearing issues.

You can subscribe by visiting www.hhf.org

I was introduced to this publication by **Fred Altrieth** and he has mentioned it at our monthly meetings This magazine is almost as good as the HLAA national magazine in that it gives people who are hard of hearing very good practical information, and future studies on many hearing loss issues.

Following is information from Fred regarding the latest edition:

Summer 2017 issue is "Travel & Leisure"

- --Living with Hearing Loss
- -- Managing Hearing Loss In Transit
- -- Travel Roundup
- --Noisy Environments
- --Entertainment movies and shows
- --House Hunting Tips with a Hearing Loss
- --Research -Hearing Restoration
- --Why Does Age-Related Hearing Loss Occur, and What Can Be Done About It?

There is an excellent article on page 4 with facts about hearing loss and aids. And some of the articles mention HLAA.



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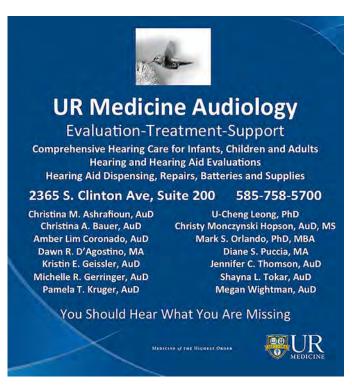


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HLAA Membership Information

Hearing Loss Association (HLAA) Rochester Chapter, Inc., a tax exempt and volunteer group, is a chapter of a national, nonprofit, nonsectarian, educational organization devoted to the welfare and interests of those who cannot hear well. We meet the first Tuesday of the month from October through June at St.Paul's Episcopal Church, East Ave. (September is 2nd Tuesday.) While our primary focus is directed toward hard of hearing, we welcome everyone to our chapter meetings whatever their hearing ability. For more information, Call

585 266 7890

Professional Advisors

2016 - 2018

Julie Hanson Kristen Nolan Charles G. Perreaud

<u>2017 – 2019</u>

Tamala David, Ph.D. James DeCaro, Ph.D. Christine Olivier Peter Reeb

Consultants: Paul Dutcher, M.D.
Charles Johnstone, James Vazzana, Esq.

Newsletter

Newsletter deadline: first day of the month preceding the issue month. Send articles to: Ginger Graham 859 Meadow Ridge Lane Webster, NY 14580 ggraham859@gmail.com

MEMBERSHIP APPLICATION – HLAA-ROCHESTER CHAPTER July 1, 2017 – June 30, 2018

[] I want to join as a first-time member [] I want to renew
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Check preference for access: [] via US mail [] via Chapter website
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HEARING LOSS ASSOCIATION OF AMERICA

YES! I want to join or renew membership in National HLAA. Membership entitles me to the *Hearing Loss Magazine*, a number of discounts, and knowing I'm supporting advocacy for people with hearing loss nationwide.

[] Individual \$35

	[] Couple/family \$45
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Send to: National HLAA Suite 1200 7910 Woodmont Avenue Bethesda, MD 20814

Please do NOT send this renewal to the local Rochester chapter; mail directly to HLAA in Bethesda, MD.



P.O. Box 1002 Fairport, NY 14450

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If You're New, This is for You.

More than 48 million people in the US have a hearing loss, which can hinder daily communication. By age 65, one in three Americans has a hearing loss. This invisible condition affects the quality of life of the individuals with hearing loss as well as family, friends, co-workers and everyone with whom they interact. HLAA believes people with hearing loss can participate successfully in today's world.

Founded in 1979, the mission of HLAA is to open the world of communication to people with hearing loss through information, education, support and advocacy.

HLAA is the nation's foremost membership and advocacy organization for people with hearing loss. HLAA publishes the bimonthly <u>Hearing Loss Magazine</u>, holds annual conventions, a Walk4Hearing, and more. Check out: www.hearingloss.org/.

The Rochester Chapter, started in 1983, is a dynamic group of individuals working together as a team. To join, please see inside back page. HLAA has a support network of organizations—Bethesda, MD; State organizations; and, local Chapters. Welcome!

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Meetings are hearing accessible

We meet in St. Paul's Episcopal Church, East Ave. and Westminster Rd., across from the George Eastman House Museum. Parking is available at the George Eastman Museum, if needed.

All meetings are <u>audio looped and</u> <u>captioned</u>. Interpreters are available on request *for evening meetings only*-contact Linda Siple, 585 288 6744, or at <u>lasnss@rit.edu</u>, at least a week in advance.

(This phone number is only to request an Interpreter.)

Entrance to the meeting room is via the Westminster Rd. door, down the corridor to the end, into the large Parish Hall room.

Everyone, with or without a hearing loss, is welcome!