



JANUARY Calendar

Tues., Jan. 4th– 11:00 am Brown Bag your lunch; Refreshments available.

11:30 am Daytime meeting.

7:00 pm Refreshments and Social Time

7:30 pm Evening Meeting

St. Paul's Episcopal Church, East Ave. and Westminster Rd. across from George Eastman House, enter thru rear door.

Tues., Jan. 11th – Board of Directors

7:30 pm – Justin Vigdor Room, Al Sigl Center

Tues., Jan. 18th – PAC meeting at 7:30pm,

Justin Vigdor Room, Al Sigl Center

Wed., Jan. 19th– NO Rear Window Captioned movie, Loew's Webster. They are converting to HD. Should be ready for Feb.16th outing.

Save these future dates:

Sunday, Feb. 6th at 2pm– JCC Play and Dinner

Wed., March 2nd - 5:30-7pm-Walk Kick-Off -

Location to be determined.

Sunday, May 1st –Walk4Hearing, Perinton Park

Tues, May 24th -- Annual Dinner

WEATHER – During the winter, the rule to follow for cancellations of meetings is: **IF THE ROCHESTER DISTRICT SCHOOLS ARE CLOSED, OUR MEETING IS CANCELED.** (No other notification will be made.)

Hospitality Duties for January

Daytime Meeting – Pete Fackler, Bob Sickmond

Evening Meeting – Ginny Koenig

Board of Directors –Natalie Robertson



JANUARY PROGRAMS

(at St. Paul's Church, East Ave. & Westminster Rd.)

Tues., Jan. 4th- Daytime Meeting – 11:00 am,

“NEW APPROACHES TO DEALING WITH HEARING LOSS” – JIM FEUERSTEIN, Ph.D., CCC-A, FAAA

Successfully living with hearing loss is far less arduous today than even ten years ago, and it's improving daily. Current technology has revolutionized hearing aids and other assistive devices. Dr. Feuerstein, a Professor of Audiology at Nazareth College, explores the most up-to-date trends in dealing with hearing loss. His talk touches on hearing aids, how to actually learn to hear better, and non-traditional assistive solutions that are not traditional hearing aids.

Dr. Feuerstein joined the Nazareth staff in 1993. His special interests are auditory processing disorders, issues in industrial hearing conservation and environmental noise, as well as hearing aids. He has done research in binaural hearing, telephone issues for people with hearing loss, and user satisfaction with hearing aids.

This presentation is Audio looped.

(Ed.Note:

CCC-A – Certificate of Clinical Competence in Audiology: Think of Board Certification. This is the oldest national certification.

FAAA – Fellow of the American Academy of Audiology: Individual with a Master's degree.)

(With thanks to Joe Kozelsky!)

(continued on next page)

Tues., Jan. 4th - Evening Meeting – 7:00 pm

“FIRE AND COPS: SAFETY AT HOME AND ON THE ROAD” – Herm Stanton, Rochester Police Dept., and a representative from the Fire Dept.

Because one of our major warning senses, hearing, is imperfect, personal safety is of great concern to us.

What special steps should people with hearing loss take to ensure that they will not die in a fire or be injured or killed somewhere while unaware of warning sounds? Members of the Rochester Fire and Police departments talk with us about fire prevention at home and personal safety both at home and away, emphasizing tips for people with hearing loss.

(This presentation is Audio looped and real-time captioned. Those needing a sign-language interpreter should contact Linda Siple at 585 475-6712, one week in advance.)

Hearing Loss Association is a nationwide organization dedicated to advocacy, education and support for people with hearing loss. For more information visit www.hlaa-rochester-ny.org or telephone 585 266 7890.

LEADERS COLUMN

By Don Bataille

Happy Holidays and a Happy New Year! I hope



everyone enjoyed a joyous holiday season with family and friends. This is also a time to say ‘thank you’ to the efforts of our Board and Committee members and to look forward to new and exciting opportunities.

The year 2011 brings us an opportunity to resolve several agenda items aimed at improving HLAA-Rochester chapter’s efficiency and commitment to providing quality community services. Two initial and fundamental structural areas that the Board has been working on this past year includes: Chapter Governance and Committee Structure.

Our focus during January and February includes adoption of proposed Chapter Bylaws amendments to align with HLAA recommendations and to reflect chapter organizational changes. The proposed Bylaws changes represent the following:

-Clarify chapter purpose as a “Non Profit Section 501©(3) of the Internal Revenue Code.

-Clarify HLAA national organization name as ‘HLAA’ and Chapter organization name as ‘HLAA Rochester’ throughout the document.

-Change reference of ‘people that are hard of hearing’ to ‘people with hearing loss.’

-Change Board governance from membership organization to Board organization.

-Establish number Board of Directors members at 21 with 3-year terms, one-third elected annually.

-Change Executive Committee to Operations Committee, whose purpose “is to direct and monitor the business of HLAA Rochester and to assure financial management...”

The proposed Bylaws will be posted on our website for your review and comment. **As directed by our current Bylaws, we have scheduled February Chapter Noon and Evening meetings for member vote.** Please plan to attend and be a part of our Bylaws amendment ratification process.

JEWISH HUMOR

(from Oklahoma City Newsletter, Dec. 2010)

Mr. Leo Rosten, writer and authority on Jewish humor, listed as one of the characteristics of Jewish humor—revenge over the oppressor by the use of guile or circumstance. This is such a story:

Moshe was sitting at the bar staring at his drink when a large, trouble-making biker steps up next to him, grabs his drink and gulps it down in one swig and menacingly says, “Thanks Jew Boy, whatcha going to do about it?” Moshe burst into tears.

“Come on, man,” the biker says, “I didn’t think you’d CRY. I can’t stand to see a man crying. What’s your problem?”

“This is the worst day of my life,” Moshe says. “I’m a complete failure. I was late to a meeting and my boss fired me. When I went to the parking lot, I found my car had been stolen and I don’t have any insurance. I left my wallet in the cab I took home. I found my wife kissing the postman and then my dog bit me. So I came to this bar to work up the courage to put an end to it all. I buy a drink—drop a capsule in and sit here watching the poison dissolve; then you show up and drink the whole thing! But enough about me, how’s your day going?”

WEBSITES OF INTEREST:

Our Chapter website is: www.hlaa-rochester-ny.org.

(Following submitted by **Michelle Gross**) –

This certainly looks intriguing, but at around 5K for educational use to 23K for large businesses, it ain't cheap! For those interested in captioning their own home videos and, who have patience, Magpie is a choice for PC's. Go to:

http://ncam.wgbh.org/invent_build/web_multimedia/tools-guidelines/magpie.

(Following submitted by **Charlie Treat**) –

How to choose the right hearing aid, including styles and options (phone adapters, Bluetooth, remote controls.) Go to: www.mayoclinic.com/health/hearing-aids/HQ00812

(Following submitted by **Al Suffredini**) --

Hearing aid choices & importance of being diagnosed by the right professional; go to:

www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/HomeHealthandConsumer/ConsumerProducts/HearingAids/default.htm.

Hearing aids can cost hundreds or thousands of dollars, so you'll want to read this: Consumer guidance on purchasing hearing aids. Go to:

www.ftc.gov/bcp/edu/pubs/consumer/health/hea10.shtm.

Advanced Bionics (AB) recalling its HiRes 90K cochlear implant device. Healthcare professionals and patients are encouraged to report adverse effects.

Complete form at: www.fda.gov/MedWatch/report.htm.

Read complete alert at:

www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm235009.htm.

(Following info from **Lise Hamlin, National**)

Cell phones age into hearing aid compatibility. For the FCC Consumer Fact Sheet on HA compatibility for wireless phones, go to:

www.fcc.gov/cgb/consumerfacts/hac_wireless.pdf.

Newsletter Deadline

Friday, December 31st
(for the **FEbruary** Newsletter)

Email: ggraham859@frontiernet.net

RIT NAMES NTID LEADER

(By *Gary McLendon, D&C 11/4/2010*)

Gerard Buckley, a graduate of RIT's NTID, will become the first former NTID student to serve as its president. RIT President Bill Destler said that Mr. Buckley will begin January 1. Mr. Buckley, 54, also was named VP and Dean for RIT. "He has more than 30 years experience in higher education, including more than 20 at NTID," said Mr. Destler, "and has a good rapport with all constituencies including staff, students, faculty, alumni and government officials."

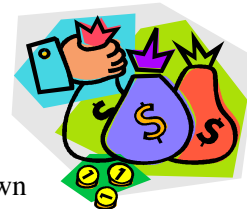
The search for the next president began when Alan Hurwitz left at the end of 2009 for Gallaudet. **James DeCaro** has served as interim president for one year.

DID YOU KNOW?

You can get **credit** (for Income Tax purposes) for donating used hearing aids to the Finger Lakes Regional Lions Club Hearing Foundation.

Contact Arthur Elliott, 7134 Valentown Road, Victor, NY 14564;

phone: 924-2875. Be sure to request a receipt.

**“Tech Talks” for Chapter Meetings –**

Jan. 4th – (Day) – Televisions – Hal Hood
(Eve) – Televisions – Joe Damico

Feb. 1st – (Day) – Personal ALD – Bob Sickmond
(Eve) – Hearing in Restaurants – Ginger Graham

Watch this space for future topics requested by members, and thanks for your contributions!

About HLAA

The Hearing Loss Association of America (HLAA), founded in 1979, opens the world of communication to people with hearing loss through information, education, advocacy and support. HLAA publishes the bimonthly Hearing Loss Magazine, holds annual conventions, a Walk4Hearing, and more. Check out <http://www.hearingloss.org/>. HLAA has chapters and state organizations across the country.

INFO FROM NATIONAL – Airline Access, CC, Loops, Phones – By Brenda Battat, Bethesda, MD

In an interesting talk, Brenda Battat described the HLAA's successful advocating in Washington, including closed captioning, airline access, hearing loops and phone compatibility, and how much more needs to be done.

About the phones, she said that there are many phones on the market that you can use comfortably with a hearing aid with our without the telecoil (T-switch) setting. Look for labeling for microphones (M3 or M4) or telecoils (T3 or T4). Both numbers work well with your aid or implant but 4 is better than 3. It's important to try out the phone because hearing aids have certain **immunity levels**.

Find out the immunity level from your audiologist. The lower the immunity, the more comfortable you'll be. (Immunity means how well does it ward off interference from the environment.) Hearing aids are being made more immune now to avoid interference from a computer or fluorescent light or when you hold a phone up to your ear. If your audiologist doesn't know the immunity level, they should contact the manufacturer.

(excerpt from Cape Cod Chapter, Nov. 2010)

DISABILITIES ACT MIGHT GET CYBERSPACE UPDATE – By The Associated Press, in Denver Post, 11/16/2010 - *(from Oklahoma City Chapter, Dec. 2010)*

Chicago – Emergency call centers could be equipped to communicate by text message. Websites may need to be programmed to speak to blind users. Movie theaters might have to install technology to allow the deaf to read captions on small screens mounted at their seats. *(Ed.-- This is currently the Rear Window Captioning movies at Loew's Webster.)*

These and other proposals will be on the agenda this week as federal officials begin seeking ideas for expanding the Americans With Disabilities Act. Now, 20 years after the law was adopted, the government wants to move the regulations beyond wheelchair ramps and accessible elevators into cyberspace and personal technology. The updated regulations could mean sweeping changes across industries and cost hundreds of millions of dollars. Read more: www.denverpost.com/business/ci_16623153?ref=nf#.

CAPTIONING OF RBTL LIVE PERFORMANCES

By Pete Fackler

“IN THE HEIGHTS”



Sunday, January 30th, Matinee

performance - 2:00 pm will be **captioned**. Be sure to ask for seats in the orchestra section where captions are visible.

Tickets go on sale 6 weeks in advance of each show. Call 222-5000.

Upcoming Live Theatre **captioned** performances:

“The Lion King” – March 27, 2011

“West Side Story” – June 5, 2011

DID YOU KNOW?

I admit I don't watch CNN much anymore as it has become mostly entertainment rather than news. However, there are times when there is an interesting news or interview I want to see. Alas, at times I just cannot deal with the captions as they may be flakey, garbled, suffer from some other malady, etc.

In desperation, I go to CNN's transcript site. Here you'll find transcripts of most of the programming. Although not every single story or special is placed there, many are. They are not kept on the site indefinitely, so you'll need to check the site in a timely manner: <http://transcripts.cnn.com/TRANSCRIPTS/> Happy reading! (from Michelle Gross)



VERN AND BING THAYER—excellent article on their life and years of giving to HLAA, go to: <http://www.nysashhh.org/> Vern was 94 years young on December 4th, and has been married to Bing for 69 years!

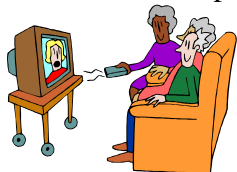
PARENTS COLUMN

By Katy Kuczek

Helping Children Learn to Read

(from Dear Abby, D&C, 4-29-2010)

Dear Abby: Like many parents, my husband and I would like our three children to read more. We arrived at a compromise.



Many TV shows are also available with closed captioning. We “mute” the TV and have the children read the words instead of listening. It works great! Their reading skills have soared, and I’ve noticed they are reading more books than they used to. Please pass this strategy on.

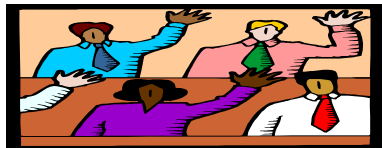
Dear Proud Parents: Closed captioning, which was originally intended for use by people with hearing disabilities, can also be very helpful for individuals who are learning English as a second language.

For more information about the emerging HLAA Parents Group, email kkuczek@rochester.rr.com.

MEMBER NOTICE

HLAA ROCHESTER CHAPTER BYLAWS PROPOSED AMENDMENTS

IN CONFORMANCE WITH CHAPTER BYLAWS, THIS NEWSLETTER SHALL SERVE AS NOTICE TO MEMBERS THAT PROPOSED AMENDMENTS WILL BE VOTED ON AT OUR **February 1st, 2011**, CHAPTER MEETINGS at 11:00 am and 7:00 pm.



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Jewing1@frontiernet.net

**Purchase price to be donated to
HLAA**

HELP HLAA VIA THE UNITED WAY

We continue to be a United Way “Donor Designated Option” choice. We are not a direct United Way agency and do not receive any funding from their general campaign. Therefore, to donate to HLAA through the United Way, we ask you to consider donating to us through the “Designated Option” on your gift card.

Our United Way number is 2425.

Your past support is deeply appreciated. As with other gifts, your donation enables our chapter to continue to provide education, help, and advocacy for people with hearing loss, their family and their friends. Alas, even though the local chapter is a totally volunteer organization, there are still costs such as printing, postage, phones, and technical items. Many thanks!

IF YOU MOVE

Please don't forget to let Ginny Koenig, at 5 Packett's Grove, Fairport, NY 14450, or via Email at GinnyK52@frontiernet.net, know even if your change of address is a temporary one. HLAA is charged for each piece of returned mail, which the post office will not forward.

**“LOVE, LUCK, AND LAUGHTER”
at JCC Center Stage, on February 6th**

By Barb Law

Come join members of HLAA at the JCC Center Stage on **Sunday, February 6, 2011 at 2 PM** when we enjoy the songs of Loesser, Lerner and Loewe at an all-new revue by Linda and Sandy Foster. Music will include numbers from Frank Loesser’s musicals *Guys & Dolls*, *The Most Happy Fella*, *How to Succeed and Hans Christian Anderson* and Alan Jay Lerner & Frederick Loewe’s *My Fair Lady*, *Brigadoon*, *Camelot*, and *Gigi*. Packed with Broadway and Hollywood favorites, you will hear standards like “Baby It’s Cold Outside,” “Heart and Soul,” “I Don’t Want to Walk Without You,” and “What are You Doing New Year’s Eve” along with many other songs.



There are only five performances of this show, so seats are going fast for the Sunday matinee. **We have currently reserved 20 seats and will need to know ASAP if more seats are needed. We**

already have 20 people interested. Call Barb Law at 381-8640 if you want to attend and have not yet signed up. If we have 20 people, cost will be \$20 per ticket. Money for tickets is due to Barb Law by Jan.4th, our January chapter meeting date.

If there is enough interest, we will go out to dinner afterward at a yet-to-be-determined restaurant.



...for your donation to HLAA:

Joan Ewing and Pat Irr – In Memory of Jim Hatch

Donation above membership dues:

Laura E. Arney
Ginger Graham
Marcia Kramer
C. Monroe Van Ness

NOTEWORTHY CHAPTER MEMBERS

Pete Fackler, president of the national board of trustees, and also **Katy Kuczek** (writer for our Parents Column) have a large, and very interesting, article in the December issue of *In Good Health*.

We Welcome All Donations

Please make your check payable to: HLAA-Rochester
HLAA is a 501c(3) organization.

Mail to: Mr. Don Bataille, HLAA Board President,
8 Springwood Lane, Pittsford, NY 14534.

Be sure to designate:

This donation is: In Memory of; or, In Honor of,
or, Birthday congratulations.

And who to send the Acknowledgment to. Thank you.

NATIONAL CONVENTION

Coming to the nation’s capital **June 16-19**, at the Hyatt Regency Crystal City Hotel. Within walking distance of Ronald Reagan National Airport. Complimentary shuttle service from airport to hotel. Use the Metrorail to reach downtown D.C. A 10-minute walk from the hotel to the Metro station.

Crystal City is one of many “urban villages.” It is almost exclusively populated by high-rise apartments, corporate offices, hotels, and numerous shops and restaurants. There is also an extensive network of underground shopping areas and connecting corridors beneath Crystal City. For a visual, see the “map of the D.C. Metro area” on the HLAA website, at www.hearingloss.org/convention/index.asp.



Being held in conjunction with our Convention is the 2nd Hearing Loop Conference – “Get in the Hearing Loop” on June 18-20.

Enjoy a captioned performance of the Grammy and Tony award-winning musical, ***WICKED***, at the Kennedy Center on Friday, June 17 at 7:30 pm. Tickets are limited! Be sure you purchase them when you register! Bus transportation included.

Register **now** and HLAA members who register for the Full Activity Package and/or the Loop Conference by Dec. 31st will be eligible to win a “Kindle 3G.” To register for our Convention and/or the Looping Conference, go to: www.hearingloss.org/convention/ or, call 301-657-2248.

Remember that registration before December 31 will be at a discount. More to follow in upcoming months.

Subjects of Feb. 1st Chapter Meetings
+ Brief time to vote on Chapter Bylaws

Daytime: “Whispering Sweet Nothings-How to Communicate Love with a Hearing Loss – Barbara Bushart

Evening: “AATV – Richard McCollough

“EAR NOISES LINKED TO HEARING LOSS”*By Dr. Paul Donohue, D&C 12/9/09*

Tinnitus is a constant ringing, thundering, whooshing or whistling ear noise that won't go away. For many older people—and it's older people who are the ones most often stricken with tinnitus—a loss of hearing prompts the onset of tinnitus. Background noise assaults our ears everywhere. That noise dampens noises generated by the brain and heard as tinnitus. Without that auditory input, the inner noise becomes noticeable, and a person has tinnitus. A hearing aid sometimes corrects the tinnitus in addition to the hearing loss.

Some causes of tinnitus: hearing loss, ear wax, ear trauma, ear infections, Meniere's disease, some medicines, calcium channel blockers, ACE inhibitors, aspirin, nonsteroidal anti-inflammatory drugs (Aleve, Advil, etc), some water pills, and proton pump inhibitors (used for heartburn control). As often as not, a cause for tinnitus isn't found!

In those situations, a “tinnitus Masker” can be helpful. It's a device much like a hearing aid that emits a sound similar to the tinnitus sound, and that quiets tinnitus. At nighttime, use a radio—for soothing music, or for static. Contact the American Tinnitus Association at 800-634-8978; or, at www.ata.org.

By Dr. Andrew Weil, “Prevention” May 2010

For tinnitus, Dr. Weil suggests treating the root problem may ease symptoms: Manage stress with relaxation technique like breath work or meditation; get adequate sleep; avoid loud noises (MP3 players, etc, with headphones); cut back on nicotine and alcohol, which can increase blood pressure in the ears and make phantom sounds more noticeable. Lose weight, exercise and reduce salt intake to manage blood pressure also.

He also recommends craniosacral therapy, whereby a practitioner massages and manipulates bones in the head, which seems to take pressure off the auditory nerves in the ear. Try taking Ginkgo. The research on this herb is mixed, but several of his patients have found it helpful. Take two tablets of standardized Ginkgo extract 3X day; expect to wait up to 2 months to notice results.

For more info on natural remedies, go to: www.prevention.com/expert.

“SOUND BITE—HEARING REPAIRED”*(Excerpt from Popular Science, June 2010;**Submitted by Charlie Treat)*

“Sound Bite” is a device designed for sufferers of single-sided deafness, by Amir Abolfathi. In designing this, the biggest challenge was miniaturization, so Amir opted for a piezoelectric actuator, which needs very little power to generate the vibrations that travel through bone. That allowed him to make a much smaller battery, making the entire insert compact enough to fit comfortably in the mouth. It's made of acrylic and snaps onto a molar.

A tiny microphone worn in the deaf ear wirelessly beams incoming sound to an electronic receiver in the molar insert, which transmits sound waves from the teeth through the bones in the jaw to the cochlea, the part of the ear that processes sound. The battery lasts 6 to 8 hours and can be recharged in a wall outlet.

The best remedy for single-sided deafness currently on the market is a “bone-anchored hearing aid” (BAHA). BAHA installation involves surgery.

If the Sound Bite secures FDA approval as anticipated, it will hit the market next summer for about \$6,000. Surgery for a BAHA can run well over \$10,000.

Flu Shots—The CDC recommends getting your flu shot now. Because flu is contagious 1-2 days before symptoms appear, it can be spread before we know we're infected. For more info, go to: www.cdc.gov/flu.

Holiday Travel

(from Cochlear Americas, submitted by Fred Altrieth)

For information on travel by air (and metal detectors); travel by car (how to hear your passengers); and, what to pack, plus, Nucleus Freedom ‘tips,’ go to: www.cochlearamericas.com/newsletters/nn_1110.html.

Ear Relief: Congress Acts to Restrain Loud TV Ads*(By Jim Abrams, D&C 12/3/2010)*

The days of getting blasted out of your easy chair may be soon over. The House of Rep. gave final approval to a bill preventing advertisers from abruptly raising the volume to catch your attention. The legislation is headed to President Obama. There will be technical challenges since shows and ads come from different sources. The law gives FCC authority to issue waivers to broadcasters for hardships or other reasons. Stay tuned!

THE TELECOIL, aka T-SWITCH

Fact Sheet published by "Get in the Hearing Loop," a joint project of HLAA and the American Academy of Audiology.

A telecoil can make a dramatic difference in your ability to hear clearly and understand dialogue. Even with today's technology, the best hearing aids and cochlear implants can't separate the sounds you want to hear from background noise, or pick up all the sounds coming from a distant source like a stage or movie screen.

With a telecoil you can expand the functionality of your hearing aid or cochlear implant. A telecoil in a hearing aid functions as a wireless antenna that links into a sound system and delivers customized sound to the listener.

The telecoil, a small copper wire, is located inside the hearing aid.

A telecoil is a small copper coil that is an option on most hearing aids and is built into cochlear implant processors. They are also known as **t-coils** and were originally used to boost the magnetic signals from the telephone handset. The telecoil is activated by a t-switch on the hearing aid or cochlear implant. All landline and some cell phones are designed by law to be used with a telecoil.

The telecoil can make a noticeable difference in your life when you combine it with hearing assistive technology. This pairing of technology bridges the physical space between you and the sound source. Hearing assistive technology connects the listener directly to the sound source while most background noise is eliminated.

When would you use a telecoil?

Increasing the volume on your hearing aid or cochlear implant won't necessarily increase the clarity of what you hear. Hearing assistive technology combined with a telecoil can improve your understanding of dialogue at work, in a meeting, in the classroom, theaters, places of worship, tour buses, and other places. Some people use telecoils at home with the TV while keeping the TV volume low for the comfort of others. Many public places are equipped with hearing assistive technology. With the implementation of the Americans with Disabilities Act of 1990, hearing assistive technology is increasingly available in public places.

What is Hearing Assistive Technology? (HAT)

There are three types of wireless hearing assistive technology discussed here: The **hearing loop** is a wire that circles a room and is connected to the sound system. The loop transmits the

sound electromagnetically. The electromagnetic signal is then picked up by the telecoil in the hearing aid or cochlear implant. To use a hearing loop, one easily flips the t-switch on the hearing aid or cochlear implant. No additional receiver or equipment is needed. Using a telecoil and hearing loop together is seamless, cost-effective, unobtrusive, and you don't have to seek out and obtain special equipment.

An **infrared system** uses invisible light beams to carry sound from the source to a personal receiver. (The sound source must be in the line of sight.) Different types of attachments may be connected to the personal receiver such as a neckloop or a behind-the-ear silhouette inductor. The telecoil then picks up sound from the receiver via the attachment.

An **FM system** works similarly, but sound is conveyed through radio waves to a personal receiver.

What other uses are there for telecoils?

Telecoils can improve hearing on hearing-aid-compatible phones and can be used with neckloops to replace headphones. A neckloop is similar to a hearing loop, except that it is worn around the neck and can be plugged into other audio devices (such as an MP3 player, computer, or FM or infrared receivers) to transmit the audio signal directly to the hearing aid telecoil, bypassing the need for headphones

How do you get a telecoil? Are they expensive?

Ask for a telecoil when you buy your hearing aids. A telecoil may add a small amount to the cost of your hearing aid but the benefits far outweigh the cost. Ask your audiologist or hearing instrument specialist to include a telecoil in your HA and ask for advice on how to use it. Many models and styles of hearing aids and all cochlear implants can be fitted with telecoils. They can sometimes be added to your current hearing aid but it will cost less if you include it in your original purchase.

Purchasing a Hearing Aid

Don't assume that your hearing aid will automatically come with a telecoil or that it will be recommended. Or, if a telecoil is present, don't assume it has been programmed to suit your individual needs. Today, approximately 65% of all hearing aids dispensed in the US have telecoils. Yet, few consumers are told about them and know how to use them.

Use the Consumer Checklist published by the Hearing Loss Association of America when purchasing a hearing aid (available on www.hearingloss.org or in hard copy). This checklist includes asking about telecoils. Some states have laws that require audiologists and hearing instrument specialists to tell consumers about telecoils when purchasing hearing aids (as of January 2009, Arizona, Florida, and NY).

Note: Automatic telecoils are available but work only with telephones, not hearing loops, so ask your audiologist or hearing instrument specialist to include a manually-operated telecoil in your hearing aid and ask for advice on how to use it.





Hearcare Hearing Centers

Dr. Jared Teter, Au.D.

21 Willow Pond #110
Penfield, NY 14526
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Tobey Village Office Park
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Pittsford, NY 14534
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AUDIOLOGISTS

John J. McNamara, Au.D.
Andrea M. Segmond, Au.D.
Christopher A. Cisterna, M.S.



Pittsford Hearing & Balance, LLC
56 North Main Street
Pittsford, NY 14534
877-381-6050

Clifton Springs Hearing Center, Inc
4 Coulter Road
Clifton Springs, NY 14432
800-827-0140

West Lake Hearing Center, LLC
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HLAA Membership Information

Hearing Loss Association (HLAA) Rochester Chapter, a tax exempt and volunteer group, is a chapter of a national, nonprofit, nonsectarian, educational organization devoted to the welfare and interests of those who cannot hear well. We meet the first Tuesday of the month from September through June at St.Paul's Episcopal Church, East Ave. While our primary focus is directed toward hard of hearing, we welcome everyone to our chapter meetings whatever their hearing ability.

For more information, Call
585-266-7890

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Newsletter

Newsletter deadline first day of the month preceding the issue month.
 Send articles to:
 Ginger Graham
 859 Meadow Ridge Lane
 Webster, NY 14580
 ggraham859@frontiernet.net

**HLAA Membership Applications
HLAA, Rochester Chapter—Membership**

[] Yes, I want to join -- support entitles me to receive the newsletter in order to be alerted to programs for Daytime, Evening and Cochlear Implant meetings.

[] Yes, I need transportation to meetings Check type of contribution

- [] Individual \$10.00
- [] Friend of HLAA \$25.00
- [] Corporate \$50.00
- [] Supporting \$100.00

Name_____

Street/City/State./Zip_____

Phone & e-Mail_____

Send to:
 Mr. Don Bataille
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YES! I want to join or renew membership in National HLAA--membership entitles me to the journal *Hearing Loss*, discounts & support of advocacy for deaf & hard of hearing nationwide.

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HLAA is the largest international consumer organization dedicated to the well-being of people who do not hear well.

To join, please see inside back page. HLAA has more than 200 chapters and 14 state organizations. Welcome!

Meetings are hearing accessible

St. Paul's Episcopal Church, East Ave. and Westminster Rd., across from the George Eastman House. Parking available at the George Eastman House if needed

Audio loop (all meetings)

Captioning (evening only)

Interpreters on request- contact Linda Siple, 585/475-6712, lasnss@rit.edu a week in advance

Entrance to meeting room from rear door next to fence