



Featured Presentation

TUESDAY, MARCH 3

**NOON - 1:00 PM AT ST PAUL'S PARISH HALL
AND ON ZOOM:**

**Lisa Krapf, RPh, BCPP
Victoria Bridges, LCSW**

**“Mindfulness Approaches to Coping
with Tinnitus”**

Some call it a roaring, or a ringing. Others say a buzzing, a hissing, or humming in one or both ears. No matter the sound, **tinnitus** is a common and very annoying problem. It affects about 15% to 20% of people and is especially common in older adults. The exact cause remains unclear. But there may be a better way to cope.



Lisa Krapf Victoria Bridges

Practicing mindfulness can retrain the brain to be less troubled by the symptoms of tinnitus. Mindfulness is the practice of being fully present and aware of your current experience—without overreacting or getting lost in thoughts. It's an innate human ability that you can access and cultivate through practices like seated meditation, walking, standing, or moving meditation. Mindfulness enhances focus and performance, reduces stress, deepens self-insight, and fosters compassion toward oneself and others.

Learn more about this way to cope from our guest presenters on March 3. Lisa Krapf, RPh, BCPP, is a board-certified psychiatric pharmacist who worked with veterans for years through the VA. Victoria Bridges, LCSW, is a Clinical Social Worker who works with the veteran population. She is trained in mental and behavioral health therapies, including Mindfulness and Hypnosis.

Thank you to our members who are bringing refreshments to our March meeting: **Chris Suffredini, Art Maurer, Bill Marshall, Betsy McClain**

Additional March Meetings and Programs

TUESDAY, MARCH 3

10:00 AM - 11:00 AM IN PERSON, ST PAUL'S VESTRY ROOM: HOPE Session: 'Hearing Other People's Experiences': Dr. Betsy Runnion:

Prospective, new, or experienced hearing aid users informally share their experiences, questions, and hearing loss journeys.

11:00 AM - 11:30 AM AT ST PAUL'S PARISH HALL: Conversation and light refreshments.

11:30 AM - NOON AT ST PAUL'S PARISH HALL: Chapter announcements and business meeting.

TUESDAY, MARCH 10

7:00 PM - 8:30 PM ON ZOOM: Board of Directors Meeting

WEDNESDAY, MARCH 18

7:00 - 8:00 pm on Zoom: HOPE in the Evening : 'Hearing Other People's Experiences': Joe Kozelsky CCC/A:

An evening version of our popular HOPE sessions for those who cannot participate in a daytime session

8:00 - 9:00 pm on Zoom: Hear Together. Kristin Bergholtz CCC/SLP./Carly Alicea Au.D/Ph.D. For parents and caregivers of Deaf/hard of hearing children. See page 4 for details.

THURSDAY, MARCH 19

10:00 am - 2:00 pm: Assistive Device Demonstration Center: Technology Team. In person. Lifespan, 1900 South Clinton Avenue. See Page 7 for details.

7:00 - 8:00 pm on Zoom: Book Club: Jennifer Lowden. See back cover for details.

NEXT MONTH: TUESDAY APRIL 7

Program Meeting: Special Guest: Ira Rubenstein, HLAA National President

Please check our Chapter Website hearinglossrochester.org for any changes

HLAA New York State Association: Your Voice for All Things Hearing Loss

By Steve Wolfert, President, HLAA-NYSA

New York – the so-called “Empire State” – should be a leader in providing disability rights for people with hearing loss. Unfortunately, that is not the case. In fact, New York often falls in the bottom percentile of states providing protective laws, regulations and services for people with hearing loss.



HLAA New York State Association (HLAA-NYSA) currently has a 10-person Advocacy team headed by Jerry Bergman in New York City that fights for laws and other protections for HLAA members. In New York City, Jerry has helped make that large municipality a leader in services for hearing loss -- including **Looping** of public venues (Broadway theaters, concert halls, airports, taxicabs, government-funded construction), **Open Captioning** in movie theaters, and other common-sense legislation.

Our Advocacy committee has put together a fact sheet titled "**How New York State Fails People with Hearing Loss**" (see below). It points out the shortcomings of many current laws and regulations, and the resistance we have faced from state government in trying to change things.

How New York State Fails People with Hearing Loss

1. New York State is one of only 12 states that does not have a state commission or agency for the deaf, deafblind and hard of hearing (in fact, tiny Rhode Island has two commissions) to meet the needs of deaf, hard of hearing and deaf-blind communities. For two consecutive years, the NY State Legislature passed bills to establish such a commission, only to see them *vetoed by the Governor, despite unanimous approval in the NYS Senate and Assembly.*
2. In 2022, New York State enacted a Language Access Law requiring "all state agencies that interact with the public to provide interpretation services." In addition to specifying 12 foreign languages, the law also references American Sign Language interpretation as needed by people who are Deaf. *No mention is made of CART captioning or hearing loops needed by adults and children who are hard of hearing or deaf – that make up 95% of the hearing loss population that does not use ASL.*
3. In 2025, the state adopted legislation to require hospitals to develop a language assistance program to ensure patients are able to access all health care services. Reference is made to the provision of "skilled interpreters" (meaning ASL). *Live captioning and assistive listening technology for the hard of hearing are not mentioned.*
4. New York is lacking in the availability of modern assistive listening systems in its main legislative and executive venues. By comparison, Rhode Island's State House has hearing loop systems installed on the Senate & House floor, Senate & House galleries, Governor's reception room, and the largest Senate hearing room.
5. New York is one of only four states lacking a Telecommunications Equipment Distribution Program. Such programs provide free or low-cost telephone equipment to qualified individuals to improve phone access. In general, individuals with speech disabilities or hearing loss are eligible.
6. Unlike other states -- such as Arizona, Florida, Maryland, Maine, New Jersey, North and South Carolina, Texas, Vermont, Washington and Wyoming – New York does not offer free Relay Conference Captioning (RCC) of audio and video conference calls, webinars, and meetings for residents who are deaf, hard of hearing, or have speech disabilities. In these other states, the only requirement is that users live or work in the state and request services in advance. *In New York, HLAA and other disability groups must pay for live CART captioning.*
7. Other states provide "community access grants" to counties to make services and facilities more accessible to the deaf and hard of hearing. *New York does not.* New Jersey, for example, has been awarded over \$1.5 million to 17 counties since 2022.
8. For over a quarter century, the NY Department of State administered a 13-member Hearing Aid Dispensing Advisory Board to uphold the rights of consumers and assure sound practices in hearing aid marketing and dispensing, as well as to process complaints against licensed audiologists and dispensers. In 2001, the state adopted a regulation that

(Continued on page 3)

(Continued from page 2)

mandates that New York audiologists and dispensers provide information regarding telecoils to all hearing aid recipients and provide telecoil training for all consumers whose hearing aids are equipped with a telecoil. The number of members eventually shrank to 5, and HLAA-NYSA was recently notified that the board is no longer active.

9. In 2025, we introduced legislation mandating that movie theaters provide Open Captioning in a limited number of performances per week. This legislation, which received more than 30 sponsors in the NYS Senate and Assembly, was blocked by the NYS Senate Majority Leader.
10. HLAA-NYSA, working with the Olive Osmond Hearing Fund, is introducing legislation in 2026 that would provide minimum insurance coverage for hearing aids, similar to legislation passed in 24 other states.

What can I do?

1. Become an educated consumer of hearing aids, cochlear implants, hearing loops and other assistive listening technologies
2. Attend chapter meetings and product demonstrations conducted by your HLAA Rochester chapter
3. Contact your state senator or assembly member (by mail, email, phone or, best yet, by asking for a personal visit) to make them aware of the lack of programs and services in New York that serve people with hearing loss
4. Lobby for important pending legislation for Open Captioning in movie theaters and Insurance Reimbursement for hearing aids

If you have any questions about how the HLAA-NYSA Advocacy Committee is working for you, please contact Jerry Bergman at jerbergman1@aol.com or send a message to HLAA New York State Association, hlaa.newyorkstate@gmail.com

Join Us in Louisville for the National HLAA Convention

As you look ahead to your travel plans for the year, don't forget that the **2026 National HLAA Convention** will be held at The Galt House Hotel in Louisville, KY, from **June 10–12**. Early bird registration is officially open!

To support our members, the HLAA Rochester Chapter Reimbursement Committee is offering up to a **\$1,000 partial reimbursement** to help “active and contributing” members cover expenses. To qualify, members should meet at least two of the following criteria over the past 12 months:

- Attended 5+ Chapter meetings (in-person or via Zoom).
- Substantially contributed to at least one Chapter committee.
- Volunteered at or helped plan two or more events (e.g., Demo Center, Health Fair, Annual Dinner, Picnic, or Guest Speaker).
- Served on the Chapter Board of Directors.

Past attendees often describe the convention as a transformative experience, offering world-class workshops, an innovative demo hall, and the chance to build life-long friendships. As one member put it: *“I walked away with a wealth of new information.*

The registration rates are as follows:

Early Bird Registration Rates through **March 16**:
Individual rate: \$425 Couple rate: \$725

Pre-Registration Rates **March 17 - May 18**:
Individual rate: \$475 Couple rate: \$815

On-Site Registration starting Wednesday, June 10:
Individual rate: \$525 Couple rate: \$905

The link to book hotel reservations will be included in each person's registration confirmation email.

For more details:

National Convention Info: www.hearingloss.org

Rochester Chapter Reimbursement Policy & Forms: www.hearinglossrochester.org

Introducing Professional Advisory Committee Member Diana Palotas



Diana Palotas is the Director of Development of Lifespan of Greater Rochester

With 23 years as a TV reporter and anchor, Diana is a natural storyteller. Now, as Director of Development at Lifespan, she channels her passion into helping nonprofits share their mission, connect

with supporters, and reach their goals.

A writer, organizer, and connector at heart, she loves lifting voices and building community. Diana enjoys yoga, dancing, reading (she's in two book clubs), and photography.

Diana uses her skills to create the monthly press release we send to various publications in the area.

She grew up in Erie, PA and attended Gannon University. She moved to Rochester in 1990 to start the team at R News. Diana met her husband here and they have two daughters they adore along with a huge extended family all over the country so traveling is a big part of their lives!

Hear Together: Parent & Caregiver Support Group

by Carly Alicea, Au.D., Ph.D.

Hear Together is a supportive community for parents and caregivers of children with hearing loss. Sponsored by HLAA, the group provides a welcoming space to connect with others who understand the unique joys, questions, and challenges that can come with raising a child who is hard of hearing or deaf.

Meetings offer opportunities to share experiences, exchange practical strategies, and learn from one another in a respectful, judgment-free environment. Topics often include navigating early intervention and school supports, communication choices, advocacy, technology, and supporting a child's social-emotional well-being.

Hear Together recognizes that every family's journey is different. Whether you are new to your child's diagnosis or further along the path, this group emphasizes connection, encouragement, and the reassurance that you are not alone.

Hear Together aligns with HLAA's mission to open the world of communication to people with hearing loss through education, support, and advocacy. New parents and caregivers are always welcome. For meeting dates, access information, and how to participate, please see the national HLAA's event calendar. For general questions about the group, you may contact kristin@canalsidespeech.com.

“HOWALS” Project

Houses Of Worship with Assistive Listening Systems

St. Paul's Episcopal Church

by Rev. Sue Ouellette

St. Paul's Episcopal Church, located on East Avenue in Rochester, has a long history of providing access to all people, including those who are hard of hearing or Deaf.



The church provides an American Sign Language interpreter for the 10:15 service weekly as well as special occasion services (Christmas, Easter). This service is streamed on YouTube with a camera focused on the interpreter. This may be helpful to individuals who appreciate a close-angled view for lipreading purposes as well as those who use American Sign Language. An audio loop is also provided for all services so that hearing aid users are able to receive sound directly through their hearing aids. Informal sign language classes have been taught during coffee hour and may be available again in the future upon request. The church is a beautiful venue and has been the site of weddings and baptisms of individuals with hearing loss and/or deafness. One of the clergy members, The Rev. Sue Ouellette, is a fluent signer.

One of St. Paul's most important missions is carried out by the outreach committee of the church. This elected group seeks out organizations that provide unique and needed services in the community and offers funding support to them. In addition to financial support, meeting space is provided without charge to community organizations, including those who serve persons who are hard-of hearing or Deaf.

In 2025, St. Paul's Episcopal church was proud to be awarded the Community Partner Award by the Hearing Loss Association of America, Rochester Chapter, for their services to this important community.

Do You Have Unused Hearing Aids?

The Finger Lakes Region Lions Hearing Foundation collects and refurbishes used hearing aids for people in financial need across 29 counties in Central, Southern, and Finger Lakes NY. Dr. John McNamara also helps send donated aids to Zambia through the Ethnics Foundation.

Drop off donations at Ontario Hearing (2210 Monroe Ave.), with the Lions, or bring them to an HLAA meeting. For details, call (315) 704-4962 or email FLXLionsHelpYouHear@gmail.com.

Online Safety, Scams, and AI: What Really Matters

by Bruce Nelson with AI assistance

The online world can feel frightening these days, especially with constant headlines about scams and artificial intelligence. But it doesn't have to be. With a few basic safety practices—and a better understanding of how scammers actually operate—we can stay confident, connected, and protected.



Andy Chandler, a retired cybersecurity professional who now enjoys life along the Maine coast, spoke at our February meeting. He began by reminding us that fraud is nothing new. Sweepstakes scams, fake investments, phishing emails, and the infamous “grandparent” scam have been around for decades. What *has* changed is that artificial intelligence has made these scams more polished, more believable, and harder to spot at first glance.

At the core of nearly every scam, AI-powered or not, is **emotional manipulation**. Scammers rely on three powerful triggers: fear (“Your grandchild is in jail”), hope or excitement (“You’ve won a prize”), and obligation (“You need to respond to this message”). If an unexpected message sparks a strong emotional reaction—especially from someone you don’t know—it should be treated as a scam. Full stop.

Text messages and phone calls are now the scammers’ favorite tools. Fake job offers, investment opportunities, “wrong number” texts, and messages that appear to come from trusted people are designed to get a response. Once engagement starts, the pressure esca-

lates—often toward requests for cash, gift cards, wire transfers, or cryptocurrency. Those requests are a clear warning sign: legitimate organizations don’t operate that way.

Technology itself isn’t the enemy. In fact, modern phones and computers are generally secure when kept up to date. The weakest link today isn’t the device—it’s the human being using it. Surprise and urgency short-circuit rational thinking, which is why pausing before responding is one of the most effective defenses. Treat every unexpected call, email, or text with skepticism. Let unknown calls go to voicemail. Don’t be afraid to hang up. It’s okay to be “rude.”

The presentation also explored the intersection of scams, loneliness, and hearing loss. Social isolation can increase reliance on text-based communication, which scammers exploit. Romance scams, in particular, are among the most devastating, leaving emotional and financial damage long after the money is gone.

Artificial intelligence represents the next major shift in our relationship with technology. AI can assist, summarize, and even converse—but it should never replace real human connection. While AI may ease silence, it cannot provide genuine companionship, care, or love.

The key takeaway is simple: **verify first, then trust**. Slow down. Talk things over with someone you trust. Awareness, not fear, is the strongest protection we have.

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Toiletries needed for Open Door Mission – bring to the March Program Meeting!

Many of us enjoy bringing gently used items to our meetings for Marlene Sutliff and Bill Marshall to distribute to Open Door Mission. We are so grateful for your generosity and for their dedication!

For our March 3 meeting, we are specifically collecting toiletries for the Open Door Mission to support their Winter outreach. Please bring items such as:

- Soap, shampoo, and conditioner
- Toothpaste, toothbrushes, and mouthwash
- Deodorant and hand sanitizer
- Combs and brushes

Marlene and Bill will be at the meeting to receive your donations. Thank you for helping HLAA Rochester support those in need!

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About the Elusiveness of Early Hearing Loss

Excerpted from Chapter 1 of "HEARING, HEARING LOSS AND HEARING AIDS; A Primer and Handbook for Consumers," A book in progress, by Joe Kozelsky, Audiologist

Early Hearing Loss is Elusive

Often the person with early hearing loss begins to fault their communication partners and others think that if only people were to speak as well as they used to, they would not have a problem hearing them. The problem is with the others because when they do make an extra effort to be heard, everything is perfectly audible.

Decreased listening distance.

This situation is complicated by the primary effect of hearing loss which is to cause a decrease in effective listening distance. In the earliest stages there is a subtle difference between being in and out of effective listening distance. As such, the effects of early hearing loss are virtually imperceptible and these subtle changes of effective listening distance are easily overcome by others simply through repetition, or a slight increase of voice levels.

In the beginning stages if the individual speaking is just a little bit closer, hearing is easy, and it seems perfectly normal. An additional complicating factor is that some voices are inherently more audible than others, so in the initial stages the difficulty is not with everyone, just a few people. It is natural to think that if only their communicating partners spoke the way they used to, they would hear them better.

Another subtle change might be in the adjustment of the volume of the television. Initially, the increases in the loudness of the TV are so slight they are not bothersome for others. However, over time the TV gradually becomes too loud for others, but it is "just a little bit sharper" for the person with hearing loss. The problem is, it keeps happening time after time, always needing to be just a little bit sharper than it was before. After a while, the effect of each instance of "a little bit clearer" has become a great deal louder for the others whose hearing levels have not changed.

Unnoticed Changes in Hearing Ability

It is helpful to think of the softer sounds that someone with normal hearing can perceive. They include leaves rustling, crickets chirping, back yard insects peeping, birds singing, clocks ticking, and so on. As hearing goes down the perception of these sounds diminishes so gradually that we are unaware that we no longer hear them, and so our perspective of "normal" can change.

Here are two examples.

Reasons why Hearing Loss is Invisible

Hearing loss is known as the invisible condition because people with hearing loss do not look as if they have a problem. Further, often the presentation of hearing loss is intermittent or inconsistent depending on the listening situation. Many times, when listening conditions are favorable, people with hearing loss will respond as if they do not have a problem hearing. But the invisibility of hearing loss is even more complicated than this.

Invisible to both the person with the hearing loss and their communication partners

Compare hearing loss to other conditions. For instance, if someone has a mobility issue, they know it and so do everyone around them. Or, if you have an issue with vision, again you know it, because no one else can make it better for you. You must put eyeglasses on or hold the item out a little farther or get a little closer. The point is that you must do something to make it better.

Displacement

Others can make it better.

But hearing loss is different. In its early stages, it's the only condition I am aware of which others can make things better for you simply by repeating what was just said or by using a slightly louder voice or a slightly different pitch of voice. Your auditory environment can change too, simply by increasing the TV volume or other adaptations without you being aware of the changes others have made so you can hear.

Enabled Elusiveness

There are many, little, imperceptible adaptations made by the communication partners. Usually, the person with the hearing loss remains unaware of these changes. The result is the person with the hearing loss always hears what was said. The instinct then is to displace the effects of the changes in hearing outward without being aware of the efforts others have made.

Displacement is one of the primary causes of family tensions. So many times, the person with the hearing loss is misled by their ability to hear some of the time. It is easy to place the blame for hearing difficulties on the other party.

This can be particularly the case for people with sharply falling high frequency hearing losses. In these types of hearing losses part of the hearing range is affected, but part is not. The result is that part of the signal is heard, and part is not heard. This can be confusing for the affected party. It is only natural to place the blame for not hearing on the other person.

Battery-Powered Strobe Alarms... A Life Saving Accommodation?

by Eric Matson

At a recent Demo Center session, a “Senior” visitor complained that her group residence was resisting conversion of their 110v fire alarm system to strobe-lighted types, even though most neighbors were elderly and hard of hearing or deaf, and in spite of ADA requirements.



She wanted to know if anyone made a battery-powered and strobe-lighted alarm she could personally install while arguing its safety-enhancing properties with her residence's management.

After some research, we found just one distributor... Warehouses Overstock (warehousesoverstock.com) that offered a 12-volt unit for \$50, and Amazon offered a needed 12-volt battery pack for just another \$12. Needless to say, the lady was delighted, and we were pleased to have a new tool for our ADA-resistant, outreach contacts.

Assistive Device Demo Center

Our chapter proudly sponsors the Assistive Device Demo Center, offering members and the public a chance to explore the latest devices designed to ease hearing loss challenges. At our demo sessions, you'll find Signaling-alerting devices, Captioned tele-phones, and Personal assistive listening devices, with special focus on TV listening and noisy environments. Knowledgeable chapter members will be available to answer any questions.



Join us on the 3rd Thursday of each month, September through June! The next session is **Thursday, March 19th**, from 10:00 am to 2:00 pm at Lifespan, 1900 S. Clinton Ave. Sessions are free and open to everyone. We look forward to seeing you there!

Birthdays

Happy Birthday in March to:

2 David Adamson	21 Michelle Gross
3 Carmen Coleman	22 Sandra Erickson
4 Richard McCollough	29 Tim Whitcher
18 Kate Batz	29 Kathy Vigna
18 Christine Rankie	

Captioned Entertainment Around Rochester



JCC Center Stage - Tickets and information are available at www.jcccenterstage.org or (585) 461-2000. Please specify “Captioned Area”. Tickets are \$35-40 with discounts for JCC members, full time students and seasonal subscribers. All captioned performances are on Sundays at 2 pm.

The Little - The Little Theatre provides options for people with hearing loss, including hearing amplification headphones in all theaters. The hearing amplification headphones can also be used for descriptive listening.

Theatres 1, 2, 4, and 5, are equipped with Hearing Loop Systems. Personal captioning devices are available for all theaters. Please inquire at the box office.

The Little offers open caption screenings when available. Open captions mean captions are visible to everyone, and cannot be turned off. Open caption screenings are currently shown on Thursdays, along with the first matinees on Sundays (please note some films do not have an open caption version). You can find Open Caption shows via thelittle.org (listed in the showtimes on each film page), and on social media.



The REV (Merry-go-Round) Theatre in Auburn has a state-of-the-art Assistive Listening System, which makes use of FM to transmit sound over radio frequency directly to the listener's ear. While the overall system is FM, they also have individual induction loops for each device. For information about the REV Theatre's productions, see <https://therevtheatre.com/>

GEVA Theatre Center - Open Captioning for patrons with hearing loss is provided during the 1st Saturday matinee and both performances of the final Wednesday of each Wilson Stage Series production, and the first Saturday matinee of each Fielding Stage Series production. When booking your seats, mention your interest in open captioning in order to secure the most advantageous view of the display on the right of the stage.

RBTL Live Theater - Open Captioning, made possible by HLAA, is offered during most 1 pm Sunday matinee subscription performances of the Broadway Season, and select other performances. A text display scrolls words in synchronization with the dialogue and lyrics of the show. Reserve seating in view of the captioning screen in advance or request open captioning for unlisted events, 585.222.5000 or mail@rbtl.org.

Roc Cinema has a hearing loop and some Saturday matinee movies are open-captioned.

OFC Creations Theatre at Winton Place has an FM system and receivers with hearing loops for T-coils.

Other Theaters - Regal Theatres, Cinemark Theaters, AMC Theaters, and Movie 10 all indicate on their websites that they have closed captioning devices available by asking at the box office. The Strand Theater in Brockport, has individual displays on goosenecks available.



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UR MEDICINE AUDIOLOGY

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- COMPREHENSIVE HEARING CARE FOR INFANTS, CHILDREN AND ADULTS
- HEARING AND HEARING AID EVALUATIONS
- HEARING AID DISPENSING, REPAIRS, BATTERIES AND SUPPLIES

- 7995 CALL PKWY STE. 100 BATAVIA, NY 14020
- 2345 S. CLINTON AVE SUITE 200 ROCHESTER, NY 14618
- 48 EAST SOUTH STREET GENESEO, NY 14454 AUDIOLOGIC EVALUATIONS ONLY
- 60 GREECE CENTER DRIVE ROCHESTER, NY 14612
- 125 LATTIMORE RD ROCHESTER, NY 14620 PEDIATRICS ONLY

COME SEE ONE OF OUR AUDIOLOGISTS TO LEARN MORE ABOUT YOUR HEARING!

585-758-5700

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**HLAA Membership
Information**

Hearing Loss Association (HLAA)
Rochester Chapter, Inc., a tax exempt
and volunteer group, is a chapter of a
national, nonprofit, nonsectarian,
educational organization devoted to
the welfare and interests of those who
cannot hear well.

We are currently meeting in person
and online via Zoom. See our website
at hearinglossrochester.org
to register for the online access.

While our primary focus is directed
toward people with hearing loss, we
welcome everyone to our chapter
meetings whatever their hearing
ability.

For more information, call

585 266 7890
or see
hearinglossrochester.org

Professional Advisors
Sue Miller, Chair

2024-2026:
Paula Brown, Ph.D.
Meghan Fox, PsyD
William Marshall
John McNamara, AuD.

2025-2027:
Pamela Kincheloe, Ph.D.
Diana Palotas
Jason A. Richards
David Scott

Consultants:
Medical - Paul Dutcher, M.D.
Technical - Charles Johnstone
Legal - James Vazzana, Esq.

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Newsletter
Newsletter deadline: first day of the
month preceding the issue month.

Bruce & Candi Nelson, Editors
120 Cobblestone Dr.
Rochester, NY 14623
585-334-5513
editor@hearinglossrochester.org

HEARING LOSS ASSOCIATION OF AMERICA

Be Part of National HLAA

It's now easier than ever to **become a member** of HLAA's unique
community of support! HLAA is the leading organization representing
more than 50 million Americans with hearing loss, and empowering
millions more who are at risk of developing this invisible disability.

Make a gift in any amount to help us make an impact on this growing
public health crisis

As a Member, You Will...

- Make an impact helping millions thrive with hearing loss
- Get *Hearing Life* seasonal magazine delivered to your home*
- Get the latest in hearing news, events and action alerts each month
- Get involved in important local and national advocacy initiatives

*Donations of \$45 and higher have option to receive Hearing Life Magazine by mail.

To sign up, please visit
<https://www.hearingloss.org/make-an-impact/hlaa-membership>
or send your donation, with your name, address, phone number, and
email address (if any) to 6116 Executive Blvd, Suite 320,
Rockville, MD 20852

CHAPTER MEMBERSHIP FORM
HLAA-ROCHESTER

Membership year: July 1 - June 30

All members receive the Rochester Chapter Newsletter!

First-Time Member Renewal

Membership Type: Individual \$10 Family \$20 Corporate \$50
Veteran \$0 (Free lifetime chapter membership for veterans with hearing loss.)
Please state Branch of Service _____ *Thank you for Your Service!*

Please consider making an additional charitable contribution to maintain and
expand HLAA's work. \$25 \$50 \$75 \$100 Other \$ ____
Total Amount ____

PLEASE PRINT: Name _____

Street _____

City/State/Zip _____

Phone(Home) _____ (Cell) _____

Email _____

I have a different mailing address for part of the year! Please attach an additional page with the addresses and dates at each. Thanks!

Please make your check payable to: **HLAA Rochester.**
Send to:
Mr./Mrs. Doug Meyer 5275 Rosebrugh Rd., Geneseo NY 14454



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HEARING LOSS BOOK CLUB

LET YOUR MIND WANDER THROUGH BOOKS!

Join us for a captioned Zoom discussion of the book:

Success Wisdom: By Deaf and Hard of Hearing People by Karen Putz

THURSDAY MARCH 19 **7:00PM-8.00 PM**

- Moderated by Jennifer Lowden, Director of the Chili Public Library and member of HLAA.
- Email libraryladyjenn@gmail.com if interested in attending. A zoom link will be sent out a few days before the discussion.
- This book is available for purchase from Amazon in paperback or Kindle download.



Our Meetings are Hearing Accessible

We meet in St. Paul's Episcopal Church, East Ave. and Westminster Rd., across from the George Eastman Museum. Parking is available at the George Eastman Museum, if needed.



All meetings are audio looped and captioned. Our chapter meetings will also be streamed on Zoom, with captioning. See our website at hearinglossrochester.org to sign up for access to all future meetings. Please register at least 24 hours before the first meeting you wish to attend, so that you will receive the link by email.

Everyone, with or without a hearing loss, is welcome to join our meetings online or in person.

BAD WEATHER--ST. PAUL'S CLOSED

St. Paul's Church will cancel or postpone parish programming or services should any of the these conditions be met:

- 1.Monroe County issues a ban on unnecessary travel; and/or,
- 2.The Rochester City School District closes and/or cancels afternoon activities; and/or,
3. The wind chill is at or below -20 degrees.