



HLAA, Rochester Chapter
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March 2011

MARCH Calendar

Tues., March 1st – 11:00 am Daytime meeting

Brown Bag lunch, then Program at Noon.

7:00 pm Refreshments and Social Time

7:30 pm Evening Meeting

St. Paul's Episcopal Church, East Ave. and Westminster Rd across from George Eastman House, enter thru rear door.

Tues., March 8th—Board of Directors

7:30 pm – Justin Vigdor Room, Al Sigl Center

Wed., March 16th – between Noon & 3pm –

RWC movie, Loew's Webster, check theatre for movie & exact time; then social time.

We hope RWC movies will be back in operation now!!

Save these future dates

Wed. March 2nd – Walk4Hearing Kick-Off,

5:30 -6:30pm, Al Sigl Center (see article on page 5)

Sun., March 13th – CHANGE TO DAYLIGHT SAVINGS TIME.

Tues, April 5- EVE-Meeting Come Early!

Speaker will start at 7:15pm.

Tues, April 19 – PAC -. 7:30pm – Al Sigl Center

Sunday, May 1st – Walk4Hearing, Perinton Park

WEATHER – During the winter, the rule to follow for cancelations of meetings is: IF THE ROCHESTER DISTRICT SCHOOLS ARE CLOSED, OUR MEETING IS CANCELED. (No other notification will be made.)

Hospitality Duties for March

Daytime Meeting – Ginger Graham, Charlie Treat

Evening Meeting – Trish Prosser

Board of Directors – Richard McCollough



MARCH PROGRAM

(at St. Paul's Church, East Ave. & Westminster Rd.)

Tues., March 1st - Daytime meeting --11 am

Two speakers named Steve!!

**“THE RACE FOR HEARING—
A NEWFOUNDLAND ADVENTURE”**

- **STEPHEN HART, Au.D.**

Audiologist Steve Hart relives his Newfie adventure as navigator and co-driver of his friend, Tom Megan's 1965 Porsche in the TARGA Newfoundland road race of Sept. 2009. Completing the 1,410-mile course, their goal was raising awareness of hearing loss and money for HLAA and Finger Lakes Regional Lions Hearing Foundation.

Drivers roared over twisting island roads, passing incredible scenery and most of the population. Steve's talk is a travelogue about the race, “showing the beauty of the island and the wonderful people we encountered along the way.” Visit the web site www.harthearing.com/News/RaceforHearing for a preview.

Newfoundland, the last province to join Canada, has hosted the TARGA road race for ten years. It is a rugged, rocky island in the Atlantic, the landing place of the Vikings in 1000AD. The Gulf Stream meets the Labrador Current offshore, and Newfoundland was long renowned for its commercial fishing. The province boasts whales, flocks of seabirds, and icebergs. It is also known for “Newfie jokes.”

Dr. Hart has practiced audiology at Hart Hearing Centers for over thirty years. He earned his Master's degree in audiology from SUNY Geneseo and his Au.D from the University of Florida. Steve was awarded a Distinguished Clinical Achievement of the New York Speech-Language-Hearing Association.

(This presentation is Audio looped.)

(continued on next page)

Tues., March 1st - Evening Meeting 7:00 pm**HEALTH RESEARCH WITH HARD OF HEARING/DEAF PEOPLE: NCDHR UPDATE - STEVEN BARNETT, MD.**

Your input is sought in advising the direction of research for individuals with hearing loss.

National Center for Deaf Health Research (NCDHR) is funded by the Center for Disease Control (CDC) as a research center at the University of Rochester. Its mission is health promotion and disease prevention for deaf and people with hearing loss through community-based participatory research. NCDHR and CDC want to expand Center activities to include health research with late-deafened hard of hearing people.

Dr. Barnett, Associate Director, will update us on NCDHR activities and plans; he requests audience input and suggestions on "what NCDHR should do next."

A past member of HLAA/Rochester's Professional Advisory Committee, Dr. Barnett is a family physician and researcher with a career focus on health care and research with deaf people, their families and communities. Dr. Barnett's recent research has focused on health care and public health with deaf adult sign language users.

HLAA-Rochester chapter meetings are held in the vestry room at St. Paul's Episcopal Church, East Ave. at Westminster Road, across from George Eastman House. All programs are Audio looped. Those needing a sign language interpreter should contact Linda Siple at 585 475 6712. For more information visit www.hlaa-rochester-ny.org or telephone 585 266 7890.

Hearing Loss Association opens the world of communication to people with hearing loss through information, advocacy, education and support. Our message is: *Hearing loss is a daily challenge you can overcome. You do not have to hide your hearing loss. You do not have to face hearing loss alone.*

ENHANCED GPS FOR THE HEARING IMPAIRED

(Excerpt from HEARING HEALTH, Winter 2011)

Global positioning system (GPS) users may soon have an alternative to spoken driving directions. A University of Utah study is exploring the use of devices that are mounted on the steering wheel and gently pull skin on the driver's index fingertips left or right. The researchers hope the study will lead to new, touch-based directional devices that could be used on steering wheels for people with hearing loss.

LEADERS COLUMN

Don Bataille's Leaders Column will return next month.

DEAF ROCHESTER FILM FESTIVAL RETURNS

By Mary Ellen Tait

The fourth bi-annual Deaf Rochester Film Festival (DRFF) will be hosted at multiple venues in the Rochester, New York area from **March 31 to April 3**. DRFF '11 will feature workshops with filmmakers and panel discussions, as well as numerous film screenings featuring deaf and hard-of-hearing film makers, producers/directors, actors, and writers.

DRFF '11 is also continuing the tradition of College Night, a huge hit with students from RIT/NTID and other local colleges, and Junior Deaf Rochester Film Festival, a two-day program exposing students that are deaf and those with hearing loss from Rochester School for the Deaf and surrounding schools to film making.

To create a welcoming environment for everyone to DRFF '11, all films will feature captioning or subtitles, and all events will be interpreted for those who do not understand sign language.

Visit www.deafrochesterfilmfestival.org for updates, schedule and ticket information. For additional information, please contact Corey Axelrod, DRFF '11 Director of Public Relations, at c.axelrod@yahoo.com.

PARKING AVAILABILITY

Work has started on restoration of the organ at St. Paul's. **Parking will be very limited**, both in the church parking lot and around back. Dates are uncertain; however, our Chapter Meetings of March 1st and April 5th will likely be affected. Please plan to park on the side streets, or across the street in the George Eastman House parking lot. We are sorry for the inconvenience. Thanks for your help!

SMOKE DETECTOR ALARMS

By Kristen Nolan, RH&SC

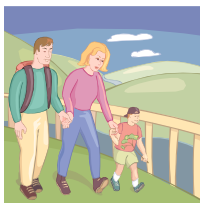
Some detectors do not alert sleeping people with hearing loss in enough time for them to make a safe escape! Research is under way. Come to the April daytime meeting to learn about this and many other Assistive Listening Devices!

NEWS FROM NATIONAL:

Action Items of Accomplishments by National, from Brenda Battat, January 8, 2011 (excerpt):

Brochure on ALDs designed and will go to the printer soon and be available for distribution. This is in addition to the educational materials that are part of the "Get in the Hearing Loop Project." So far, we have a brochure on Telecoils; (a downloadable version of the same brochure); a brochure on ALDs (a downloadable version). In the draft stage are a handout on Advocating for ALDs (with a longer downloadable version to be posted to the website).

Staff change: **Toni Barrient**, who has been with HLAA for 9 years, is returning to California. She will work part-time for CaptionCall, a new captioned telephone service introduced by Sorenson.

**WALK4HEARING 2011**

By Sue Miller

The Walk4Hearing is set for **Sunday, May 1st at 9am in Perinton Park in Fairport**. The Walk event is a great time to come out to support the work of the Hearing Loss Association of America. Please consider forming a Walk team to join us – contact Jeannette Kanter at jkanter@rochester.rr.com or Carol Loftus at CLoftus@rsdeaf.org to find out how. Or, if you want to join a Walk team, ask Jeannette, Carol, or one of the other members of the Walk steering committee.

The purpose of the Walk is to raise awareness about hearing loss in our society and to raise funds to support the work of national HLAA and the Rochester chapter. We have found that asking others to join us or to support our participation in the Walk with a cash donation is a great way to engage our friends and family in conversation about how our hearing loss affects our lives.

Our goal is to have 500 people at the Walk4Hearing. We need each and every one of you, so please plan to join us for this festive and exciting annual event!

The Walk4Hearing Steering Committee: Kelly Barrett, Pat Campbell, Laura Chaba, Mary Chizuk, Pete Fackler, Jeannette Kanter, Ginny Koenig, Ray Koenig, Barb Law, Carol Loftus, Art Maurer, Gerianne Puskas; and Sue Miller, Chair.

"Tech Talks" for Chapter Meetings –

March (Day) – Neck Loops – Fred Altrieth
(Evening) – Neck Loops – Hal Hood

Watch this space for future topics requested by members, and thanks for your contributions!

SCHOLARSHIP PROGRAM CONTINUES

By Mary Ellen Tait

The Rochester Chapter of the Hearing Loss Association of America (HLAA) is pleased to announce the continuation of our scholarship program in 2011. The chapter established a \$500 scholarship in 1996 to be awarded annually to a Greater Rochester area high school senior with hearing loss pursuing a college degree or vocational training. In 2006, the scholarship was increased to \$1,000, made possible in part by funds raised by the first Walk4Hearing walkathon.

Recipients must have applied to a college or vocational education program, and be between the ages of 17 and 20. They must have a hearing loss in both ears (or one, in exceptional circumstances). Financial need is not a consideration. The scholarship is a one-time award.

To apply for the scholarship, go to: www.hlaa-rochester-ny.org to obtain the form, and application information. All materials must be mailed to:

HLAA, c/o Mr. H. P. Hood, 145 Regatta Drive,
Webster, NY 14580. **They must be received by Mr. Hood by Friday, March 18.**

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PARENTS COLUMN

Katy Kuzcek's column will appear next month.

TEENS NEED TO WEAR HEARING PROTECTION NOW FOR A LIFETIME OF LISTENING ENJOYMENT

By Karen Appold,
Excerpt from *HEARING HEALTH, Winter 2011*

Exposure to loud music may be a leading cause of hearing loss in teens—and it is preventable. That's the message that Boston-area audiologist, Joan McCormack, is working to convey.

In a 2010 study published in the Journal of the American Medical Association, researchers found a 31% increase in teenage hearing loss. That means that 6.5 million teens now have hearing loss. Much of that hearing loss was slight, but the trend is troubling because it can be indicative of a more profound hearing loss later in life. "Clearly the increased use of personal listening devices has contributed to this unprecedented rise," Ms. McCormack says.



Nearly 200 teens reported their typical listening volume levels as "medium to high" because they like the sensation of tuning out the world via total immersion in music. More than half of US high school students report having at least one symptom of hearing loss.

Gordon B. Hughes, M.D., the program director of the National Institute on Deafness and Other Communication Disorders (NIDCD) Clinical Trials Division of Scientific Programs, suggests teens follow these three steps, in this order, to protect their hearing.

First, turn down the noise at the source. Second, remove yourself from the source. And, third, wear ear protection. Protection includes earplugs, custom-fitted ear molds, and earmuff (headphones). A good rule of thumb is that if the decibel level is above 85 decibels (dB), wear hearing protection. How are you going to know what is above 85 dB? If you can hear the music from someone else's headphones or if you have to shout to be heard, then it's probably too loud.

How hearing loss happens: Each inner ear has roughly 30,000 **tiny hair cells** arranged by frequency or pitch, like on a piano keyboard, to help you hear the nuances of sound. Very loud sound causes physical and metabolic changes that literally bend or break these hair cells. They

do not repair themselves. This causes sensorineural or "nerve" hearing loss.

Usually the hair cells that respond to soft high frequency sounds are damaged first. This has a tremendous impact on listening to words because many consonant sounds are soft and high pitched, like the sound of /s/ or /sh/.

This occurs when people say they can "hear but not understand" because sounds are missing. This also results in complaints of difficulty hearing in a crowd or background noise, says Ms. McCormack. Currently, there is no treatment to reverse noise-induced hearing loss, but research (funded in part by Deaf Research Foundation) that focuses on **regenerating hair cells** shows promise and is under way.

The first sign of hearing damage is usually **tinnitus**. Other signs are "**their ears ring**" or have feelings of **new pressure or pain** in the ear, a perceived **drop in hearing ability when removed from a noisy area**, and new, measurable, nerve-type hearing loss that affects the ability to **hear high tones**.

Volume control: Listening at full volume is not safe for any length of time. It is advised taking a 5-minute break every 15 minutes when listening to iPods, etc. In 2006, iPod maker Apple released a software update to allow parents to set a maximum volume on iPods and lock them with a pass code. There are also several applications for the iPhone that measure sound levels.

Teens are notorious for taking the short view stance toward long-term health problems. Some teens already think their ears are shot, so they question why they should start wearing hearing protection. The reply is, "**To save what's left, hopefully.** Even if your ears are fine, it is always wise to protect your ears to help ensure the longevity and the quality of your hearing"

Learn more about noise-induced hearing loss and how to prevent it. www.drf.org or 1-800-241-1044

SOMETHING NEW---AGES 18 TO 35

There is a nonprofit, online community designed for HOH individuals 18-35. You have to sign in to learn more about it. It is HLAA's new initiative for young people in that age group. Go to www.hearingloss.org, then click on Hearing Loss Nation.

WEBSITES OF INTEREST:

Our Chapter website is: www.hlaa-rochester-ny.org.

(Submitted by Joe Damico):

Advanceweb.com profiles "Induction Loops." Go to: http://community.advanceweb.com/blogs/aa_1/archive/2011/01/21/hearing-loops-here-for-good.aspx.

(Submitted by Michelle Gross):

If you have asked for assistance with an airline to accommodate your hearing loss and feel you were not treated fairly, you are entitled to lodge a complaint. The Dept. of Transportation has a rule that sets out the rights of passengers and obligations of airlines under The Air Carrier Access Act (Title 14 CFR Part 382). For a summary of the rule, go to: <http://airconsumer.ost.dot.gov/publications/disabled.htm>. If you want to file a complaint, go the link at the bottom of the page and click on "File a consumer complaint with DOT," for further instructions.

(From Brenda Battat, HLA National; submitted by Ginny Koenig):

Regaining control of your life thru self-help groups. Most people who purchase hearing aids are not aware when purchasing the aids they may need counseling, aural education, supplemental technology, help in everyday issues such as choosing a correct cell phone, and peer support to optimize success with their HA's. To explore the value of self-help groups, go to: http://betterhearing.org/aural_education_and_counseling/Self_help_groups_people_with_hearing_impairment/index.cfm.

(Submitted by Fred Altrieth):

For training on using phones with Cochlear Implants, go to: http://hope.cochlearamericas.com/listening_tools/telephone_training.

For cost of a hearing aid and suggestion on seeking help with paying for it, go to: www.hearingloss.org/Community/transcripts.asp. Click on the WEBINAR square, then click on Ms. Hamlin's program of Dec. 15, 2010.

Newsletter Deadline

Monday, February 28th
(for the April Newsletter)

Email: ggraham859@frontiernet.net

RBTL LIVE THEATRE--- CAPTIONED!**THE LION KING**

Sunday, March 27th, at 2:00 pm, Auditorium Theatre, will be **captioned**. Request seats in the "open captions" viewing section. Call 222-5000.



Upcoming live theatre captioned performances:

"WEST SIDE STORY – June 5th

Tickets become available 6 weeks in advance of each show. Request seats in "open captions" viewing section. Call 232-5000.

WALK4HEARING—CAPTAINS' KICKOFF !

By Carol Loftus, Jeannette Kanter, Sue Miller

We could not have a successful walk without all of you who have agreed to serve as a Captain OR even think you might be interested in being one! We would love to have you join us for the **Captains' Pizza Kickoff**.

The Walk4Hearing Captains' Kickoff is being held at the Al Sigl Center, 1000 Elmwood Avenue, in the Justin Vigdor Room. This important event will be on Wednesday, March 2, from 5:30 – 6:30 p.m. Please come and enjoy some delicious pizza and refreshments followed by a short program.

We know your evening time is precious so this Kickoff will be short, sweet and simple. Captains' materials will be handed out followed by a question and answer session.

Assistance will be available for those who might like to begin setting up their Captain's website.

On behalf of the Walk4Hearing Steering Committee, we look forward to your RSVP that you'll join us. Please email Jeannette at jkanter@rochester.rr.com

Carol Loftus and Jeannette Kanter are
Co-Chairs for the Walk Captains

We Welcome All Donations

Please make your check payable to: HLAA-Rochester
HLAA is a 501©(3) organization.

Mail to: Mr. Don Bataille, HLAA Board President,
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Be sure to designate:

This donation is: In Memory of; or, In Honor of,
 or, Birthday congratulations.

And who to send the Acknowledgment to. Thank you.

NATIONAL CONVENTION

Date: Thursday, June 16 through Sunday, June 19th

Place: Hyatt Regency Crystal City Hotel,
 Arlington, VA (outside Washington, DC)

Reservations: NOW. Visit the Convention page at
www.hearingloss.org.

Tickets are limited for a captioned performance of the award winning musical, **WICKED**, at the Kennedy Center on Friday, June 17 at 7:30 pm. Bus transportation included.



Being held in conjunction with our Convention is the 2nd Hearing Loop Conference—“Get in the Hearing Loop” on June 18 – 20.

Registration: To register for either or both, go to: www.hearingloss.org/convention/ or, call, 301-657-2248.

Book your flight on UNITED, United Express or select Star Alliance using www.united.com, or by calling 800-521-4041. Use **Meeting/Tour Code 588AG.**



for your donation to HLAA:

Sue Miller, and also, Bing and Vern Thayer in memory of the son of Bert and Maureen Foes.

Mary Chizuk for donation over and above membership.

Sue Miller in memory of Sally Trafton.

Rabbi Raphael Kanter, as a Friend of HLAA.

CONDOLENCES

Our sincere sympathy to Bert and Maureen Foes on the loss of their son.

FOOD AND DIZZINESS

By Rhonda Clancey, Fox Valley, Wisconsin, 9/2010)

I learned that what I eat also affects my dizziness. Our inner ear fluid is influenced by certain substances in our blood and other body fluids. For instance, eating foods high in salt or sugar, our blood level concentrations of salt/sugar increases, and that, in turn, affects the concentration of substances in our inner ear. Any of us with balance or dizziness must control the amount of salt and sugar that is added to food. It has also been shown that eliminating our use of caffeine and alcohol will also reduce symptoms of dizziness or ringing in the ears.

The goal is to provide stable body fluid and blood levels so that secondary fluctuations in our inner ear fluid can be avoided. It's suggested we eat at approximately the same time and same amount of food at each meal, avoiding salt and sugar. Drink adequate amounts of fluids daily. Avoid caffeine, such as coffee, tea, and chocolate. Limit or avoid alcohol. Avoid foods containing MSG found in pre-packaged foods and often in Chinese food.



CONGRATULATIONS !!

Bing Thayer, at 96 years young, on her one-woman art exhibit at My Sister's Gallery, Episcopal Church Home, January 14th. "The World According to Bing."

For several years, Bing has donated one of her lovely pieces of art to the silent auction for our Walk4Hearing!

A fall in her home last year slowed her down, but Bing says that she is ready to get back into painting. Our very best wishes and congratulations to Bing and Vern!

About HLAA

The Hearing Loss Association of America (HLAA), founded in 1979, opens the world of communication to people with hearing loss through information, education, advocacy and support. HLAA publishes the bimonthly Hearing Loss Magazine, holds annual conventions, a Walk4Hearing, and more. Check out <http://www.hearingloss.org/>. HLAA has chapters and state organizations across the country.

VERY UNIQUE USES OF THE T-COIL

By Joe Kozelsky

Currently there is a much needed thrust for the promotion of, and the use of Induction Loops on the National level. In cooperation with the American Academy of Audiology, HLAA has launched a major promotional campaign, and the cover article of the March 2010 issue of a hearing instrument industry trade journal the *Hearing Review* featured Induction Loops.

Coincidentally, I wrote a summary of a write-up I had kept for 40 years about use of the T-Coil in the Leader's Column of the March 2010 issue of the Newsletter of the HLAA Rochester Chapter. It was provided by one of the more remarkable individuals I have known – Charles Parker. He was a totally blind man with prosthetic eyes who had a moderate or greater fluctuating sensorineural (“nerve”) hearing loss and who was a piano tuner for a piano manufacturer in East Rochester, NY. Needless to say, his hearing aids were critical to his occupation - and his life. He told me of some unique uses for the T Coil that I have never heard before or since. He referred to the T-Coil as the “pick up.” Recently I came across the article he wrote and have had it retyped for publication.



It has been **retyped exactly the way that Charles did so the reader could see the errors of typing and spacing.** As you can see, there are virtually no spelling errors. The only aspect not replicated is that many of the letters of the original document were filled in the way that the typewriter letter strikers would be when they were not cleaned.

If you listened to him speak, you would have thought he had a Princeton education. **A truly remarkable man whom I have always, and will always, remember: Charles Parker, of East Rochester, NY.**

He told me at a later time that he had also figured out how to connect a "flat pack" antenna wire (like for the old TV antennas) to the earphone jack of a radio and then he could hear the radio for up to 10 feet away!

Charles Parker

Versatility of the Pickup

You finally have your hearingaid with the telephone pickup. Your first chance comes to have a phone conversation using this marvelous adjunct to good hearing. It goes off like clockwork, you hang up, and then; confusion. Buzzing, clicks,

humming, whirring, hissing. What's all that racket?

A new dimension in hearing will come to the partially deaf if he will hunt down the sources of those noises.

I am totally blind and partially deaf. I know whereof I speak.

The first thing to know is this: any instrument or appliance operated by electricity is surrounded by a magnet field. the intensity and variability of that field is in direct pro- portion to the intensityand variability of the current in the instrument or appliance.

As the microphone in your aid receives sound impulses, so The pickup coil for the telephone receives the variable energy Of any magnetic field. TV, radio, motor, egnition, lightning, po

Power line, each makes a different sound. It remains for the hearer to interpret each sound.

Interpretation in fine, but; interpretation with analysis is better. A four-pole shaded-pole motor, for instance, makes a purring sound almose in tune with a suxty-cycle hum. if the hearer knows this fact and hears such a motor purring very much slower than it should, he is alerted to an unnecessary drag on that motor. Turn it off and find out what's creating the drag. properly adjusted vertical sweep on a TV, is at 30 cycles or one octave below the prominent 60-cycle hum. if the sweep is maladjusted it will deviate from 30 vyvles and produce a fluttering beat.

6 I love a thunder storm, but, sometimes they come rather unexpectedly, like when your nowhere near shelter. I have checked

the radio, thunder-showers predicted late in the afternoon or evening. I'm walking home, but, no sunshine do I feel. I pause, switch on the

(continued from previous page)

pickup and my ears are assailed with loud crackling lightning. Better make tracks, quick. It's closer than I realized.

I'm short on the low frequency end of the spectrum. I can hear thunder if it is close and loud, of course by that time, I'm too, late and drenched. That pickup has saved me more than once from a good soaking.

I have been lost in the snow and found my way to somewhere by following the hum generated by an overhead power line.

Our home is heated by oil and I have been able to detect faulty ignition before an extensive and sooty burn-off was necessary. Faulty ignition or shorted generator in an automobile can be detected.

If the blind-deaf user is interested in doing radio repair it makes an excellent high-gain signal probe.

In almost all cases, appliances and RV receivers will feed back some of that tell-tale magnetic energy through power lines. Listen for the voices in the crowd on the power lines in your home and you may hear a fan, heater, TV, air conditioner, record player, washing-machine, blinking Christmas tree lights someone else forgot to turn off. Find your way up to the super market by the "zip-zip-zip of the check-out register on the line.

There are other uses, I'm sure, to which the blind-deaf hearer can put this marvelous instrument, IF, he will take the time to find them.

Reminder—April 5th evening meeting speaker will start promptly at 7:15pm

IF YOU MOVE

Please don't forget to let Ginny Koenig, at 5 Packett's Grove, Fairport, NY 14450, or, via email at GinnyK52@frontiernet.net, know even if your change of address is a temporary one. HLAA is charged for each piece of returned mail, which the post office won't forward.

CHRONIC KIDNEY DISEASE LINKED TO HEARING LOSS

(Excerpt from HEARING HEALTH, Winter 2011)

A new study published in American Journal of Kidney Diseases indicates that older people with moderate chronic kidney disease are more likely than others their age to develop hearing loss.

Australian researchers studied more than 2,900 people over age 50. Within the sample, 513 had moderate chronic kidney disease. And 54% of those with moderate chronic kidney disease reported having hearing loss, versus only 28% of the other participants with kidney disease. Additionally, tests showed that 30% of kidney disease patients had severe hearing loss, compared with 10% of the others.

The study suggests a strong connection between chronic kidney disease and hearing loss. David Harris, associate dean of Sydney Medical School-Westmead at the Univ. of Sydney indicates that toxins that accumulate in kidney failure can damage nerves, including those in the inner ear, and that kidney disease and hearing loss share common risk factors, including diabetes, high blood pressure, and advanced age.

People with chronic kidney disease should get their hearing tested early on—which could help preserve hearing function.

Subjects of April Chapter Meetings

Daytime meeting: "Talk & DEMO of ALD's & Alerting Devices, etc, Kristen Nolan, RH&SC

Evening meeting: "Ask the Doctor. Focus on Vertigo, Tinnitus, Meniere's – Dr.Lobarinas from Buffalo
Come early. **SPEAKER will start at **7:15 pm**.



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Hi Megan I am so glad I caught you before you go on your flight our meeting has been postponed to 3pm

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HLAA Membership Information

Hearing Loss Association (HLAA) Rochester Chapter, a tax exempt and volunteer group, is a chapter of a national, nonprofit, nonsectarian, educational organization devoted to the welfare and interests of those who cannot hear well. We meet the first Tuesday of the month from September through June at St.Paul’s Episcopal Church, East Ave. While our primary focus is directed toward hard of hearing, we welcome everyone to our chapter meetings whatever their hearing ability.

For more information, Call
585-266-7890

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Newsletter

*Newsletter deadline first day of the month preceding the issue month.
 Send articles to:
 Ginger Graham
 859 Meadow Ridge Lane
 Webster, NY 14580
 ggraham859@frontiernet.net*

**HLAA Membership Applications
HLAA, Rochester Chapter—Membership**

Yes, I want to join -- support entitles me to receive the newsletter in order to be alerted to programs for Daytime, Evening and Cochlear Implant meetings.

Yes, I need transportation to meetings Check type of contribution

- Individual \$10.00
- Friend of HLAA \$25.00
- Corporate \$50.00
- Supporting \$100.00

Name _____

Street/City/State./Zip _____

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Send to:
 Mr. Donald Bataille
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 8 Springwood Lane
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HEARING LOSS ASSOCIATION OF AMERICA

YES! I want to join or renew membership in National HLAA--membership entitles me to the journal *Hearing Loss*, discounts & support of advocacy for deaf & hard of hearing nationwide.

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HLAA is the largest international consumer organization dedicated to the well-being of people who do not hear well.

To join, please see inside back page. HLAA has more than 200 chapters and 14 state organizations. Welcome!

Meetings are hearing accessible

St. Paul's Episcopal Church, East Ave. and Westminster Rd., across from the George Eastman House. Parking available at the George Eastman House if needed

Audio loop (all meetings)

Captioning (evening only)

Interpreters on request- contact Linda Siple, 585/475-6712, lasnss@rit.edu a week in advance

Entrance to meeting room from rear door next to fence