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October 2013

Fall

OCTOBER Calendar

Tuesday, October 1st 11:00 am - Refreshments/Social Time 11:30 am – Announcements/Business Meeting 12 Noon – 1 pm – Program Speaker

7:00 pm – Refreshments/Social Time 7:30 pm – Announcements/Business Meeting 8:00 – 9 pm – Program Speaker

<u>Tues., Oct. 8th</u> – Board of Directors 7:30 pm – Justin Vigdor Room, Al Sigl Center

<u>Tues., Oct. 15th</u> – PAC meeting; 7:00pm -Justin Vigdor Room, Al Sigl Center.

<u>Wed., Oct. 23rd</u> – Rear Window Captioned movie, AMC Webster – Between Noon & 3 pm. Email Ginger the weekend ahead for exact movie & time. <u>ggraham859@frontiernet.net</u>. See you there!

SAVE THESE FUTURE DATES

Sun., Nov. 3rd –GALA 30th anniversary, 2:00-5pm, at the Inn on Broadway (see pages 6 & 12) Sun., Nov. 3rd - Daylight Savings Time Ends <u>Tues., Nov. 12th</u> – BOD meeting, JV room, Al Sigl Center Wed., Nov. 27th – Rear Window Captioned movie.

Hospitality Duties for October:

Daytime Meeting –Mary Ann Coleman, Al Suffredini Evening Meeting –Lisa Bailey, JoAnn McCarthy Board of Directors –Steve Barnett, Ginger Graham

Please sign up to help when the "Refreshment Sheet" goes around!

Welcome back, members, and, WELCOME ALL NEWCOMERS TO HLAA!



(at St. Paul's Church, East Ave. & Westminster Rd.)

Tues., Oct. 1st - Daytime Meeting 11:00 am

ETHIOPIA'S STUDENTS WITH HEARING

LOSS. -Catherine Beers and Mary Grace Hamme

Catherine Beers, from Peekskill, NY, and Mary Grace Hamme, of Brighton, both Masters degree candidates in the Nazareth College Speech-Language Pathology program, recently visited Ethiopia as part of a "Deaf education and empowerment" volunteer team. Their trip was sponsored by the International Medical Health Organization (IMHO), a nonprofit which "works to improve sustainable health care development in under-served areas by creating, complementing and strengthening health care infrastructure."

Their **illustrated presentation** will share information about their discussions with Ethiopian college students working at a school for the deaf, and current conditions for students with hearing loss in Ethiopia.

IMHO believes in community-based and sustained activities, working with local individuals. They provide medical help in times of crisis, establish clinics, and train medical personnel and students, providing them with medicine and resources to better assist needy populations. IMHO's work in Ethiopia, which lies in the Horn of East Africa, was their first directly implemented effort outside of their primary projects in Sri Lanka.

(continued on next page)

Tuesday, Oct. 1st – Evening Meeting – 7:00 pm

"ASK THE AUDIOLOGISTS"

If you have hearing loss, your audiologist is a significant part of your life. The technology of hearing aids has been revolutionized; the hearing aid of a decade ago is considered ancient.

October marks HLAA-Rochester's approximately annual "Ask the Audiologists" panel question and answer session. As with previous hugely popular and informative "Ask the Audiologists" presentations, it is completely impromptu and unrehearsed.

The three panelists are prepared to field your questions on all aspects of hearing aids and hearing loss. As hearing aid dispensers, they can comment on new developments in HA technology, deafness, audiograms, and more.

Panelists are:

Shannon Luongo, Au.D, with Dalzells Hearing Centers since 2001.

Andrea Segmond, Au.D, with Ontario Hearing Centers since 2000.

Jared Teter, Au.D, proprietor of Hearcare Hearing in Penfield.

This is an opportunity to query the experts. <u>Come</u> <u>prepared with your questions!</u> If panelists can't provide immediate answers, they will follow up.

HLAA-Rochester chapter meetings are held in the Vestry Room at <u>St. Paul's Episcopal Church, East Ave. at Westminster Road,</u> across from the George Eastman House. All programs are audiolooped & **captioned**. A sign language interpreter is available for evening meetings only. To request an interpreter for an evening meeting, contact Linda Siple at 585 475 6712, a week in advance. (Please note, this phone is only for those needing an interpreter.)

The Hearing Loss Association is a nationwide organization dedicated to advocacy, education and support for people with hearing loss. For more information visit our website: www.hlaa-rochester-ny.org or telephone 585 266 7890.



LEADERS COLUMN *By Elise de Papp, M.D.*

We were privileged to have the <u>new</u> <u>Executive Director of HLAA</u>, **Anna Gilmore Hall**, with us September 9 and 10. The Board of Directors arranged a potluck dinner with Anna at the Susan B. Anthony House. On the 10^{th} Anna spoke at both the daytime and evening chapter meetings.

Interested to learn more about Susan B., I began to draw some analogies between the long struggle of both parties to reach their respective goals. The main similarities are the length of time it can take to gain major social achievements --Susan B's 40+ years effort to enfranchise women, and HLAA's 34 year (to date) crusade to gain access to mainstream American culture for people with hearing loss.

In 1856, Ms. Anthony became an agent for the American Anti Slavery Society; 9 years later her women's group was instrumental in bringing about the 13th Amendment, abolishing slavery. She then moved onto voting rights-first for African Americans, and then for women. She died in 1906, having spent 41 years of her life striving toward this goal. It would be another 14 years (55 from beginning) before the 19th Amendment was passed, enfranchising women.

HLAA was founded by Rocky Stone in 1979, as SHHH (Self Help for Hard of Hearing people). Within 4 years he had 6,000 members and 122 chapters. <u>The organization</u> became known as HLAA in 2006. We are now 34 years along the road. There are 176 chapters and approximately 30,000 members, with greater outreach through the website and Hearing Loss Magazine. Through ongoing HLAA National advocacy efforts with many organizations, including major industry service and equipment providers, key federal government agencies (such as the FCC) and legislators, we are getting closer to opening the world to people with hearing loss. **Our Rochester Chapter was established in 1983; it is one of the largest and most successful chapters.**

CHAPTER MEMBERS TO PRESENT TO FIRST UCC CHURCH IN FAIRPORT

By Barb Law

On **Monday, October 14th**, three members of our Chapter's Education and Outreach Committee will present info about hearing loss to the Evening Circle at the First Congregational Church in Fairport. Presenters will include **Barb Gates, Ginger Graham, and Michelle Gross**. The meeting begins at 7 pm with a short business meeting; presentation follows from 7:15 - 8:15 pm. Topics covered will include things that lead to hearing loss and what you can do if you begin to suffer HL. Visitors are welcome. If you're interested in attending, please contact Barb Law at <u>blaw1@rochester.rr.com</u>, or, 585 381 8640. The church is located at 26 East Church Street in Fairport, NY.

CONDOLENCES

Our sincere sympathy goes out to **Thomas Hargrave** on the loss of his wife, <u>Rooney</u>, in August.

We Welcome All Donations

Please make your check payable to: <u>HLAA-Rochester</u> *HLAA is a 501©(3) organization.*Mail to: Ms. Joanne Owens, 1630 Woodard Road, Webster, NY 14580
Be sure to designate:
This donation is: <u>In Memory of</u>; or, <u>In Honor of</u>, or, <u>Birthday congratulations</u>.
And who to send the Acknowledgment to. Thank you.

REASONS TO BELONG TO NATIONAL

By Ginger Graham

There are many benefits in belonging to our <u>National</u> HLAA organization. Here are a few:

- Bimonthly issue of Hearing Loss Magazine
- Support the latest advocacy issues: <u>http://hlaa-advocacy.blogspot.com/</u>
- Message boards and chat room at <u>www.myhearingloss.org</u>
- Discount and offer for Early-Bird registration at our annual Convention & other special events
- Discounts at Harris Communications; Teltex, Inc.; and several others
- Rent-A-Car discounts

Dues-paying members are represented by the HLAA National office to Congress, the FCC, the White House, and other policy-making agencies.

In <u>Hearing Loss Magazine</u>, members learn about those initiatives affecting people with hearing loss, read cutting-edge information about technology, personal stories, and more.

If you are not already a member, please join today at <u>www.hearingloss.org</u>. Together , we will make hearing loss an issue of national concern. *(Excerpt from Hearing Loss Magazine Sept/Oct. 2010)*

DID YOU KNOW

High levels of *CONTININE*, the chemical that indicates exposure to tobacco smoke and second-hand smoke, has been <u>directly linked to higher risks of hearing loss</u>.

(from Oklahoma City Newsletter, Jan. 2013)



For Your Donation to HLAA: Webster Hearing Center (J. Kozelsky); Nancy Nurick-Mount

In Memory of Harriet Thayer Adams: Janet McKenna

VENUES WITH ALS OR CAPTIONING By Tim Whitcher

Have you seen a movie or a show that has an Assistive Listening System or Captioning system and would like to share your experience with your fellow members? Did your <u>church or synagogue</u> install or upgrade such a system, and you'd like to make that known?

Please contact Tim Whitcher at <u>hlaa.rochester@yahoo.com</u> with the info that you'd like to share. (Please mark your email to Tim's attention.) Likewise, if you have a question regarding such a venue, please contact Tim.

DAYLIGHT SAVING TIME

(Will occur Sunday, November 3rd, this year)

--First to suggest the idea: Benjamin Franklin in 1784 --First North American region to adopt it:

Newfoundland in 1917

--First year in which the United States adopted it: 1918.

(from the Old Farmer's Almanac, 2012)

THOUGHT FOR THE DAY

"In youth, the absence of pleasure is pain; in old age, the absence of pain is pleasure."

(from the Old Farmer's Almanac, 1892)

OUR CHAPTER'S ANNUAL PICNIC

By Barb Law

Our 2013 HLAA Picnic was PERFECT!



About 52 members and friends of HLAA Rochester Chapter enjoyed a perfect day Sunday, August 25th.

Sue and Scott Miller deserve our deepest thanks for hosting the

picnic at their beautiful Keuka Lake home. We all had a great time and know how much work Scott and Sue put into that day to make it fun for all of us. Thanks also to their <u>son Michael</u> who captained the Miller's party boat for many of our rides while Scott grilled the hot dogs.



Thanks to all who brought delicious food to share and who helped to set up and clean up. Keuka Lake is the gem of the Finger Lakes; the weather could not have been better, the atmosphere was friendly and jovial, and Scott and Sue were the best host and hostess!!! We missed those of you who could not be there with us.





(Photos courtesy of C. Coleman, M. Low, J. Owens, and, A. Suffredini)

RBTL LIVE THEATRE---- CAPTIONED!



All performances are Sunday, at 1:00 pm

October 13th – "Ghost" November 10th – "War Horse" December 15th – "How the Grinch Stole Christmas" February 16th – "Sister Act" March 23rd – "Once" April 20th – "Phantom of the Opera"

Tickets become available 6 weeks in advance of each show. <u>Request seats in "open captions" viewing section.</u> Call 222-5000; email, <u>info@rbtl.org</u>.

GEVA Theatre Offering Captioned Plays!



All performances are Saturday, at 2:00pm.

October 26th – "The 39 Steps" December 1st – "A Christmas Carol" January 11th – "Last Gas" February 15th – "Clybourne Park" March 22nd – "Informed Consent" April 26th – "The Odd Couple"

Call the Box Office at 232-4382. <u>Ask for seat in the</u> "open captions" viewing section.

THOUGHT FOR THE DAY

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."

(Margaret Mead, anthropologist 1901-1978)

"MY STORY" – A Personal History

By Gerry Loftus



Hi everyone! As of July 1st, I became the <u>new treasurer of HLAA-Rochester</u> <u>Chapter</u>. Let me give you some biographical information about myself. I graduated with a Bachelor of Arts degree from St. Michael's College (VT)

in 1965 and an MBA from the University of Rochester in 1967. From 1967 to 1971, I served in the U.S. Air Force as an Auditor. Upon leaving active duty, I continued to serve in the Air Force Reserve as an Auditor and Budget Officer, retiring as a Lt. Colonel in 1993.

My civilian work experience began as a Financial Analyst for Lincoln First Banks in 1971. In 1975, I began employment with the State of New York as an Assistant Business Officer at Newark Developmental Center, responsible for managing the Business Office and later support services until 1993. In 1993, I transferred to Hutchings Psychiatric Center, in Syracuse, as Assistant Business Officer. In 1996, I transferred to the Department of Correctional Services as the Institute Steward (in civilian terms--comptroller) at Southport Correctional Facility, near Elmira, until 2000 when I transferred to the Willard Drug Treatment Campus as Institute Steward. In March, 2005, I retired from state service.

As neighbors in the early 1970's, my wife, **Carol**, and I became long-time friends of **Barbara and Dave Law**. Carol was asked to attend a planning meeting for HLAA's first Walk4Hearing and to offer advice based on her experience in helping plan the American Diabetes Association's annual Tour de Cure fund raising events. Since then we have both been involved in helping plan HLAA's annual Walk4Hearing.

I am looking forward to serving as your treasurer and assisting the Board of Directors in determining how best to utilize HLAA-Rochester's financial resources to benefit those with hearing loss.

(Photo courtesy of Al Suffredini)

Newsletter Deadline

THURSDAY, Oct. 31ST (for the November Newsletter)

Email: ggraham859@frontiernet.net

Mention of goods or services in articles or advertisements does not mean HLAA endorsement, nor should exclusion suggest disapproval.

GEORGE EASTMAN HOUSE OFFERS SERVICES FOR THE HEARING IMPAIRED By Kellie Frayer

By Kellie Fraver

Visitors to the George Eastman House who have a hearing loss are offered a variety of services to make their experience at the museum a positive one. We offer sign language tours focused on Mr. Eastman and his historic home on the following dates this Fall:

House Tours: 11 a.m.

Saturday, October 12 Saturday, October 19

The <u>45-minute tour</u> is signed and spoken by volunteer docent **Robert Menchel**, a retired professor from NTID who has been an Eastman House member and volunteer docent for many years. The sign-language tour offers the same information covered during the museum's daily guided tours.

A <u>self-tour script</u> is available for guests to read as they tour the museum, and <u>closed-captioning</u> is displayed on all media presentations throughout the historic house. In addition, a <u>hearing-induction loop system</u>, **funded by the Hearing Loss Association of America, Rochester Chapter**, <u>is installed in the Dryden Theatre</u>, and loop receivers are available at the box office.

No reservations are needed for the scheduled signlanguage tours, which also are available for groups by appointment. The signed tour is included with museum admission: \$12 for adults; \$10 for senior citizens; \$5 for students; and free for children 12 and under and museum members. Dryden Theatre tickets are \$8, and \$6 for members.

For more information, call (585) 271-3361 ext. 238.

Flu Shots – The CDC recommends getting your flu shot now. Because flu is contagious 1-2 days before symptoms appear, it can be spread before we know we're infected. For more info, go to: www.cdc.gov/flu.

HEARING HEALTH MAGAZINE (Summer 2013) By Ginger Graham

There is another great magazine dealing with hearing loss, in addition to our own Hearing Loss Magazine that comes to members of National HLAA.

The latest edition is devoted entirely to TINNITUS. (Count yourself lucky if you've never suffered from this debilitating malady.) Some articles:

--Diagnosing --What it is

- --Research and the Brain's Role
- --Sound Therapy
- --What Might Provide Relief

And,more.

Hearing Health Magazine is issued 4 times a year. To subscribe: info@hearinghealthfoundation.org, or, call, 1-866-454-3924.

DID YOU KNOW?

--Tinnitus is not a disease itself; it is a symptom that something is wrong in the auditory system, including the ear, the auditory nerve, and the areas of the brain that process sound.

--More than 200 drugs are known to cause tinnitus as a side effect when you start or stop taking them.

--Hearing loss occurs with almost 90% of tinnitus cases.

--Among U.S. adults ages 65 and older, more than 12% of men and almost 14% of women are affected by tinnitus.

--Tinnitus is sometimes the first sign of hearing loss.

Go to: www.hhf.org/tinnitus.

TRAVELING WITH HEARING LOSS

By Lise Hamlin (excerpt from Hearing Loss Magazine, July/Aug. 2013)

Everyone has heard a story about a miss or a near miss at the airport when the gate number was changed and the announcement was not heard. Until we see real-time displays of audible announcements at the gates, we'll continue to hear those stories.

Security gates are another point of stress. HLAA is part of the Transportation Security Administration (TSA) Disability Coalition which seeks to address the need of

THE GALA IS NEARLY HERE - AND YOU **ARE INVITED!**

By Meredith Low



The Gala Committee's members started working on the HLAA-Rochester Chapter's 30^{th} anniversary event last October – 11 months ago! We want to invite **YOU** personally to the chapter's social event of the year!

We've worked hard (happily hard) to make the 30th Anniversary Gala Celebration the place to be on Sunday, November 3rd from 2:00 – 5pm.

Gala highlights include socializing with friends, making new ones, the food, and the Grand Ballroom of the Inn on Broadway. You'll enjoy a dance performed by the RIT/NTID Dancers, under the direction of chapter member Thomas Warfield!

Food Subcommittee members Lisa Bailey and Barb Law have selected a menu with something to appeal to everyone.

The Décor Subcommittee, Trish Prosser and Mary Ann Coleman, will be working with professional floral designer Claudia O'Hara, who is generously donating her time and expertise to help make the Gala a success!

Cindy Kellner is in charge of the Registration Subcommittee, which includes Lisa Bailey, Ginger Graham, and Carol Loftus.

Sue Miller is creating the Gala's name tags.

Don Bataille is looping the Grand Ballroom!

Virtually the entire 9-member Gala Committee has been giving a serious amount of their personal time to reading the chapter's award-winning Newsletters from the last 5 years, collecting information on chapter achievements, little-known facts, and history for the Gala's program booklet. **Barb Law** is hard at work on the booklet.

The Gala Committee thanks Amy Rau, the artist-owner of Green Girl Press, who designed the Invitation pro bono.

To make a reservation, please go to page 12 for the official Invitation.

(Ed.Note: Directions--From St. Paul's church it is just 1 mile. Go west on East Ave. (toward down town), past the Little Theatre on the right; over the Inner Loop, then Left turn on Broadway. A fence is in front of the Inn on Broadway, and the driveway for the parking lot is immediately after the fence.)

(continued on page 10)

BILATERAL BETTER, BUT....

By Janet McKenna

No bilateral CI miracles for Deaphyduck at Chautauqua Institution in 2013.

I had hoped that my year-old <u>second</u> Advanced Bionics cochlear implant might significantly improve hearing at lectures and talking with Road Scholars (formerly Elderhostel) in our group. The verdict: Bilateral is better, but noisy crowds still confounded understanding speech.

Of our 36 Scholars, I'd guess approximately a third had some hearing loss. When all talked together during meals, cross-table conversations were struggles. The shouting was exacerbated by 14-foot ceilings.

Yet our Road Scholar professor presented clearly. Just sitting up front to see George's face enabled me to understand well his talks on Civil War battles--markedly better than in the mono-eared past when I'd have hooked up my personal FM system. After eight "one-eared" years using FM system, auxiliary microphone, and the Institution's infra-red system, dialog from on stage was either echoed or garbled. Road Scholar evaluation forms inquire whether Scholars used their "state of the art" hearing system provided for some programs. We lacked such things at Chautauqua, but Scholars in other places should be alert for them and certainly comment.

The Amphitheatre's infra-red system is aging. Apparently over 125 stethoscope receivers are distributed at the big lectures. People I questioned reported they were satisfactory. There also are two powerful neck receivers, but you'd better bring your own neck loop and patch cord. When they work, all batteries charged and fresh cables, and sitting within ten rows of the stage, it was a pleasure to hear and participate like a normal Chautauquan. The ushers are kind and respond to suggestions.

Hearing systems exist in four Chautauqua venues when ushers are on duty. They do NOT exist in other venues or when ushers are NOT on duty. Sunday worship in the Hall of Philosophy? Lecture in Hall of Christ or Smith-Wilkes Hall? You're on your own. <u>Chautauquans with</u> hearing loss should be trained and prepared to advocate for themselves.

Modernizing the Amphitheatre is a forthcoming major capital project now in renderings. Allegedly the audio system will be modernized too. They welcome comments on the renovation. (Contact: <u>deaphyduck@gmail.com</u>

CAPTIONING OF MONTHLY CHAPTER MEETINGS WILL BE CONTINUED !

This past year, our chapter members have enjoyed the opportunity to have the Daytime and Evening monthly meetings **captioned**, thanks to <u>CaptionCall</u>! This has fulfilled a wish for our chapter for almost 30 years. We have just learned that they are willing to provide this wonderful service again for the coming year!

The captioning is done remotely by Alternative Communication Services—it is flawless, plus the people doing the captioning are from all over the country! It's amazing to see the words almost instantly on the screen as soon as they're spoken. <u>The service cost is \$3,000 a</u> year and it is being paid by CaptionCall...such an incredible gift to our chapter. CaptionCall has been a blessing in providing true access for everyone in our chapter...and we thank you!

We also owe a huge debt of thanks to **Candi and Bruce Nelson**, and **Tim Whitcher** for overseeing the technical set-up needed for this service.

LIKE US ON FACEBOOK ! By Cindy Kellner

Are you on Facebook? If so, please be our friend. We currently have **165** friends and we want more.

Find us at: Hlaa Rochester Ny

WALKABOUT WITH RHSC

Come and support Rochester Hearing and Speech Center in their Walk, <u>Sunday, October 27th, at Eastview Mall.</u>

Register at 8:30am, walk at 9:30am. Door 5 entrance at the Food Court. They support us in May; now it's our turn to walk for RHSC!

IF YOU MOVE

Please don't forget to notify **Barb Gates**, at 28 Country Gables Circle, Rochester, NY 14606, or, via email at <u>cdgblg28@aol.com</u>, even if your change of address is a temporary one.

HLAA is charged for each piece of returned mail, which the Post Office will not forward. When you return, we will resume sending to your local address. Thanks.

"Taking Off" with ROC Airport!

By Meredith Low

Michael A. Giardino, or "Mike", 50, a Rochester resident, is Director of Aviation at Rochester International Airport. He was named Airport Director in February, 2012. The airport, or "ROC", has the following services in place to assist people who are Deaf, and those with hearing loss:

- --Visual paging for ROC stock messaging on flight information screens
- --TTY phones
- --Four videophones

--Interpretype (ITY), communication units that allow for text messaging between hearing individuals and people who are Deaf or who have a hearing loss, whether their primary mode of communication is ASL, or spoken English. The units are useful for anyone having difficulty communicating because the individual cannot hear the airline staff well, or because he or she signs, and the staff does not. <u>ITY units are at every airline ticketing and car</u> rental counter, the Security Checkpoint, airport administration offices, airport communications/dispatch, VisitRochester Information and airport crash/fire rescue.



ROC is dedicated to continuing to provide safe and efficient airport operations and to attract new air services for the community, and it remains committed to improving

the "ROC experience" for all travelers by providing amenities within the terminal to allow for an enjoyable, seamless travel experience.

ROC would like to serve as a model for other airports across the nation in providing services to passengers, both those who are Deaf, and those with hearing loss.

ROC desires to improve its services to those who are Deaf and have a hearing loss to include:

Voice-to-Text technology for emergency notification paging and passenger information sharing; upgrading the ROC videophone technology; creation of a ROC airport app for smartphone devices; Webpage content improvements; and exploring the use of hearing loop systems within ROC. The <u>ROC's needs assessment survey</u> will be distributed during the September and October daytime and evening program meetings. It is designed to provide direct feedback from travelers with hearing loss so ROC can better serve their needs. These include:

- Improved communication access points
- ROC Airport amenities
- Airline service
- Destination and aviation industry-related feedback

Survey results will be tabulated and applied to future improvements at ROC.

ROC goals for working with HLAA-Rochester include: becoming an active member; continuing informationsharing and communications between travelers with hearing loss (including those who are Deaf), educating HLAA members on the services at ROC so that HLAA-Rochester members can be ROC Airport ambassadors within our community.

A VERY SPECIAL 100TH BIRTHDAY!

By Jeannette Kanter

Phyllis MacDonald has been a strong supporter of the Hearing Loss Association of America and of the Rochester Chapter for over 25 years; she has attended many of our special programs. Phyllis, and her late husband <u>Stuart MacDonald</u>, gave the first college scholarship of \$500 we awarded in 1996, and she has contributed every year since. When the amount was raised to \$1,000, she raised her contribution. She has given generously in several other instances as well.

Four years ago, through the wonderful encouragement of her daughter, **Sue Miller**, Ms. MacDonald offered to donate a major sum to the Rochester Area Community Foundation for the sole purpose of granting money to HLAA, either locally or nationally.

Ms. MacDonald is smart, charming, and has a great sense of humor. We wish her many more wonderful years and congratulate her on reaching this awesome centennial milestone! **PARENTS --SENSORY PROCESSING AND YOUR BRAIN** (excerpt from "Talk About Healthy Rochester," Oct. 2012)

Sensory Processing Disorder (SPD) results in the brain's inability to integrate everyday sensory info received from the 5 senses: touch, vision, **sound**, smell & taste.

There are also 2 other senses—the vestibular and proprioreceptive systems which are responsible for balance, equilibrium and orienting our body in space. It is estimated that 1 in 20 kids suffer from SPD. Dysfunction can lead to problems with motor skills, learning and behavior. Some symptoms include: 'picky' eating, aggressive behavior, auditory sensitivity, and problems with balance, among others.

Children with SPD can be misdiagnosed as having ADHD or other learning disorders...often labeled as aggressive, clumsy, or "difficult." Treatments might include dietary modifications and supplements and chiropractic care.

Dr. Sara Pace is taking a certification program and says she can help with behavior, learning, speech, and motor skills. Call her at 585 218 4212 or go to: www.pacefamilychiropractic.com.

UPCOMING EVENTS

<u>Thursday, Oct. 10, from 9:30 – 4:30pm</u> **Health & Fitness Fair at the Dome Arena.** If you can help or want details, please contact Joe Damico at JGDamico@frontiernet.net.

<u>Monday, Oct. 14, from 7:00 – 9pm</u> "**NOW HEAR THIS"--** a presentation by chapter members to the First Congregational Church in Fairport.

October 24 – 26 – "CI-2013 Symposium" Hyatt Regency Capitol Hill, Washington, DC More info, go to: <u>e-News@hearingloss.org</u>.

<u>Sunday, Nov. 3rd from 2:00 – 5pm</u> Our **Chapter's 30th anniversary Gala** at the Inn on Broadway. See Invitation in this Newsletter.

June 2014 - HLAA Nat'l Convention, Austin, Texas.

<u>June 2016</u> – International Federation of Hard of Hearing People (IFHOH) and our National Convention in Washington, DC.

DISCOVERING DEAF WORLDS: EMPOWERING DEAF LEADERSHIP

By David Justice

Over 90% of Deaf people in developing countries (200 million Deaf people) have no access to education. It is not uncommon for Deaf people in developing countries to be isolated, abandoned, abused, or even murdered because they are seen as a burden to their families. <u>Discovering Deaf Worlds (DDW), a 501c3 non-profit organization based in Rochester NY, was formed in 2009</u> to address these problems. DDW's mission is to advance the self-determination of signing Deaf communities through local capacity building in developing countries.

In 2012, DDW received an EMPOWER grant from the U.S. Department of State to provide a cross-cultural capacity building exchange program between USA and Filipino Deaf leaders. Through a "train the trainer" model, this program is supporting the development and sustainability of the Philippine Federation of the Deaf to have a nation-wide impact on education, employment, and human rights circumstances for Deaf people.

For more information, please visit: www.discoveringdeafworlds.org/programs/u-sdepartment-of-state

Subjects of Nov. 5th Chapter Meetings

<u>Daytime</u> –"Airport/transportation Accessibility" – Michael Giardino, Director

Evening – Night out at the Dryden Theatre – FREE – to use the new looping system

PLANS FOR NEW VA CLINIC

An architect has been chosen for Rochester's new Veterans Health Administration Hospital scheduled to open in 2016. Currently, if a veteran cannot be treated at the Westfall Road facility, they are referred to Buffalo, Canandaigua or Batavia. Sponsored by U.S. Rep. Louise Slaughter, D-Fairport. A shuttle service is available to Canandaigua and Batavia if needed. Call 585 393 7320 at least 24 hours before the trip. *(Ed. Note: Chapter members, Mary Chizuk and Al Suffredini have long been active in Veterans affairs.)*

(excerpt from D&C 7/17/13)

ESSP Fall Conference -

By Linda Haley

At The Beeches Inn and Conference Center, Rome, NY, November 1 and 2.

(ESSP stands for Educational Support Services Personnel - a mouthful! It's meant to include anyone and everyone who supports success for kids and families with hearing loss from birth to 21. Most of our members support kids age 3 through high school graduation.)

Join audiologists, administrators, college faculty, C-Print captionists, A/V therapists, deaf and hard of hearing youths, families of deaf and hard of hearing children, speech/language professionals, ASL teachers, mainstreamed school personnel, notetakers, teachers of the deaf/hard of hearing, cued speech transliterators, sign language interpreters/transliterators, signing skill coaches and psychologists.

As the common core requirements begin to make changes in the classroom, it has never been more important for professionals in the field of deafness and the parents that are striving to raise strong, well-educated and capable deaf/hard of hearing children to work together to best meet our students' needs. Together we will:

- Þ Gain a clear understanding of what the common core standards require.
- P Take our "best practices" and make them "standardbased practices."
- Provide training for parents to learn what is expected of their children and how to support them.
- Support each other as we learn how our separate roles are changing.
- And be prepared and willing to educate districts on what the standards mean for Deaf/HH students.

(*Ed.Note: Elise de Papp reports that HLAA-Rochester helped to fund this endeavor*)

WEBSITES OF INTEREST

Our Chapter website is: <u>www.hlaa-rochester-ny.org.</u> **Michelle Gross** is our Web Master and is updating our website. (Barb Law continues as consultant.) The website for National is: <u>www.hearingloss.org</u>.

GREETINGS FROM THE PRESIDENT

By Al Suffredini

The President of the U.S. will send <u>any person (who is a</u> <u>U.S. citizen) over 80 years of age a birthday greeting</u> <u>card</u>. You need to send your request in <u>at least 6 weeks in</u> <u>advance</u>. Anyone can send the request on behalf of the honoree.

Make the form of address—Mr., Mrs., Dr., Miss, & name Number, Street, Town/City, State, Zip Code The Month, Day and Year of Birth Your name (if requesting for the honoree), and your daytime phone number

Mail the request to:

White House Attn: Greetings Office 1600 Pennsylvania Avenue Washington, D.C. 20500

Or, Fax your request to: 202 456 2461 You may also submit a request to your state's U.S. Senator or U.S. Representative.

The official White House Greeting should arrive to the honoree's address about 14 days before their birthday. Note: Greetings will also be sent for 50 plus years' anniversaries, Eagle Scout Award, Girl Scout Gold Award, or, Bar/Bat Mitzvah.

www.80thbirthdaypresents.org/birthday-greetings-frompresident

TRAVELING WITH HEARING LOSS

(continued from page 6)

people with disabilities who go thru those security gates. Recently, TSA has taken a proactive approach to their staff training and announced "**TSA Cares**," a helpline to assist travelers with disabilities and medical conditions. You may call TSA Cares at 855 787 2227 with questions about screening policies, procedures, etc. Or, you may approach a TSA agent near security and <u>request the help</u> of a TSA Cares representative.

Hours of operation are Monday thru Friday 9am-9pm EST, excluding federal holidays. After hours, go to their website: www.tsa.gov/traveler-information/travelersdisabilities-and-medical-conditions. Email – <u>TSA-</u> <u>ContactCenter@dhs.gov</u>.

MEMBERSHIP STILL \$10 AFTER 30 YEARS

By Meredith Low

As we march toward the 30th anniversary of the Rochester Chapter of HLAA at the beginning of November, one thing remains unchanged: <u>It's still only</u> <u>\$10 for an individual membership in the chapter!</u>

Last year, the membership goal was 200 total for both first-time and renewed memberships. That goal was met in April. The total number realized for the entire fiscal year was 209.

Last year, we introduced the concept of <u>memberships as</u> <u>gifts</u>. Already, the first gift membership has come in! It is hoped we'll see many more this year.

What do members receive? You open yourself up to meeting others with hearing loss, or relatives and friends of someone with hearing loss. You can meet them at chapter events, such as our <u>daytime and evening program</u> <u>meetings</u>. You'll read about them in this <u>Newsletter</u> every month. You can attend the <u>30th Anniversary Gala</u> for the Chapter, a party being thrown on Sunday, <u>November 3rd</u> – and YOU are invited!

You can help raise funds – while having fun – at the Chapter's Ninth Annual Walk4Hearing in May – the only fundraiser held all year. There's the Annual Dinner and the Annual Picnic, too.

Hope to see you soon at chapter events!

NEW PROFESSIONAL ADVISORS

By Tim Whitcher

The purpose of the Professional Advisory Committee (PAC) is to furnish professional advice and support in order to promote the development of a credible and effective HLAA organization in the Rochester area. Following are **new** PAC members:

DOUG KLEM

Doug has been in the construction industry for over 29 years. In the first decade of his career he worked as a mason and performed various types of masonry construction that included brick, block, stone-work, foundations, and concrete floors. He later joined LeChase Construction, and he has been with them over 19 years.

Doug has an eleven year tenure with LeChase Construction Services and works in the Primary Markets Group of LeChase which handles specific small scope projects. The projects in Primary Markets Group vary in size from a few thousand dollars up to \$3 Million. Doug presently performs various roles in this division--Business Development Manager for the LeChase Primary Markets Group, Estimator for Primary Markets Group, and he also functions as a Project Manager. Doug is also the Manager for Construction Projects for LeChase's Bank of America account.

CATHERINE D. LEE

Catherine is a quality assurance and process improvement specialist with over 25 years experience in a variety of clinical and operational settings. Her background includes deploying Lean Six Sigma quality and continuous improvement strategies at Eastman Kodak Company and Ortho-Clinical Diagnostics, a Johnson & Johnson company. She is a certified Process Excellence Master Black Belt, and currently Director, Operational Process Improvement at Unity Health System.

Cathy received her MS in Clinical Chemistry from RIT and BS in Medical Technology from Gannon University. She is an active Healthcare Subcommittee member for the Greater Rochester Quality Council. She is also a member of the American Society for Quality and has been a frequent speaker for conferences hosted by the Greater Rochester section.

Information on the other **new** members will appear in a future edition of our Newsletter.

COCHLEAR IMPLANTS

(submitted by Fred Altrieth)

When traveling, carry your **Patient ID card** with you. Pack your back-up sound processor (<u>turned off</u> and with the <u>battery compartment removed</u>) in your carry-on <u>luggage</u>. The metal detector will not react to the metal in your CI, so it is OK to walk thru metal detectors and Whole Body Scanners. If it does react, tell Security that it is a part of an implanted hearing device. <u>Show your</u> <u>Patient ID card</u>. A handheld wand will not hurt your cochlear implant.

Water resistance? Using <u>rechargeable batteries</u> for both the Nucleus 5 and Freedom Sound Processors helps increase the water resistance.

For more information, go to: info@cochlear.com.

YOU ARE INVITED TO ATTEND

the ROCHESTER CHAPTER OF HLAA'S 30th Anniversary Gala Celebration

SUNDAY, NOVEMBER 3, 2013 FROM 2:00 - 5:00 P.M.

The Inn on Broadway 26 Broadway - Rochester, New York 14607

FEATURING A DANCE PERFORMANCE BY THE RIT/NTID DANCERS!

Passed hors d'oeuvres, multi-level dessert display and two non-alcoholic punches Cash bar \$15.00 per guest, funded in part by the Rochester Chapter, HLAA Free valet parking and free parking on premises during event The Inn on Broadway is wheelchair-accessible

The favor of a reply is requested no later than October 22, 2013
MEMBER'S NAME:
Address:
CITY, STATE, ZIP:
EMAIL/PHONE:
Additional Guest(s) names:
Please make check payable to HLAA; send to Joanne Owens
1630 Woodard Road
WEBSTER, NY 14580

HLAA Rochester, NY Chapter



HLAA Rochester, NY Chapter



Board of Directors 2012-2013

Officers

President Vice President **Recording Sec.** Corresponding Sec. Barbara Gates Treasurer Asst.Treasurer Parents group

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Joe Damico (Honorary) Jeannette Kanter (Honorary)

HLAA Membership Information

Hearing Loss Association (HLAA) Rochester Chapter, a tax exempt and volunteer group, is a chapter of a national, nonprofit, nonsectarian, educational organization devoted to the welfare and interests of those who cannot hear well. We meet the first Tuesday of the month from September through June at St.Paul's Episcopal Church, East Ave. While our primary focus is directed toward hard of hearing, we welcome everyone to our chapter meetings whatever their hearing ability. For more information, Call 585-266-7890

Professional Advisors

2012 - 2014

Scott Cristman Susan Friedman, M.D. **Bryan Hensel** Suzanne Johnston

2013 - 2015

Doug Klem Catherine D. Lee Kendra Marasco **Rebecca** Van Horn

Consultants: Paul Dutcher. M.D. **Charles Johnstone** James Vazzana, Esq. ^^^^

Newsletter

Newsletter deadline: first day of the month preceding the issue month. Send articles to: Ginger Graham 859 Meadow Ridge Lane Webster, NY 14580 ggraham859@frontiernet.net

MEMBERSHIP APPLICATION – ROCHESTER CHAPTER

[] Yes, I want to join/renew -- Support entitles me to receive the award winning Newsletter in order to be alerted to interesting and informative articles plus Daytime & Evening Chapter Meetings and Cochlear Implant meetings.

[] New, first-time member

[] Yes, I need transportation to meetings

Check type of contribution

[] Individual \$10	[] Friend of HLAA	\$25
[] Corporate \$50	[] Supporting	\$100
Name		
Street		

City/State/Zip

Phone

E-mail

Please make check payable to: HLAA-Rochester, and send to: Ms. Joanne Owens, 1630 Woodard Road, Webster, NY 14580

HEARING LOSS ASSOCIATION OF AMERICA

YES! I want to join or renew membership in National HLAA. Membership entitles me to the journal Hearing Loss, a number of discounts and knowing I'm supporting advocacy for people with hearing loss nationwide.

[] Individual \$35

Name_____ Street

City/State/Zip

Phone_____

E-mail

Send to: National HLAA Suite 1200 7910 Woodmont Avenue Bethesda, MD 20814

Please do NOT send this renewal to the local Rochester chapter; mail directly to National HLAA in Bethesda.



P.O. Box 1002 Fairport, NY 14450

Return Service Requested

Time sensitive

Please deliver by Sept. 24th

NONPROFIT ORG. U.S. POSTAGE PAID ROCHESTER, NY PERMIT # 1193

If You're New, This is for You.

More than 36 million people in the US have a hearing loss, which can hinder daily communication-- one in five people! By age 65, one in three Americans has a hearing loss. This invisible condition affects the quality of life of the individuals with hearing loss as well as family, friends, co-workers and everyone with whom they interact. HLAA believes people with hearing loss can participate successfully in today's world.

Founded in 1979, the mission of HLAA is to open the world of communication to people with hearing loss through advocacy, information, education, and support.

HLAA is the largest international consumer organization dedicated to the well-being of people who do not hear well. HLAA publishes the bimonthly <u>Hearing Loss</u> <u>Magazine</u>, holds annual conventions, a Walk4Hearing, and more. Check out: <u>www.hearingloss.org/</u>.

To join, please see inside back page. HLAA has more than 200 chapters and 14 state organizations. Welcome!

Meetings are hearing accessible

We meet in St. Paul's Episcopal Church, East Ave. and Westminster Rd., across from the George Eastman House. Parking is available at the George Eastman House, if needed.

All meetings are audio looped and captioned. Interpreters are available on request *for evening meetings only*-- contact Linda Siple, 585-475-6712, or at <u>lasnss@rit.edu</u>, at least a week in advance. (This phone number is only to request an Interpreter.)

Entrance to the meeting room is via the <u>rear door</u> next to the fence.

Everyone, with or without a hearing loss, is welcome!